EXECUTIVE SYNOPSIS

Just one site: Every month distributes 29 petabytes of porn data. That represents 1,000,000M GB which if printed the porn distributed would be 1,878,968,000,000 (T) pages every 30 days.
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The Porn Epidemic
Executive Synopsis
Josh D. McDowell
September 25, 2018

For further research and documentation go to www.josh.org/epidemic. You will find beneath the synopsis the 16-chapter Porn Epidemic Portfolio containing a combined 1,744 pages of the last available are executive summaries, synopsis and portfolios of the Gen Z and the Father Factor.

This was a hard-executive synopsis to write.

My deep concern…if the Church does not tweak its global discipleship approach and right up-front deal with porn in an effective, biblically-based, scientifically accurate, culturally relevant way, then the Global Church will soon be marginalized.

The following insights are what keep me up at night.

We have a gigantic challenge facing the Church and families today.

The pastor of a church (500-700 members), recently came to me and said, “Can you help…I don’t know what to do about pornography. I don’t know how to research it. I don’t know how to talk to my people about it.” His wife added, “Honey, tell him why we approached him.”

The pastor hesitated, looked around and then leaned in towards me, “Josh, my 22-year-old son, who is a youth pastor, just told me he is addicted to pornography. He can’t stop. I don’t know what to say. I don’t know how to talk about it to my people. Can you help me? It started at 7 years old.”

Size of the Internet
“Unimaginable”

• Each day the internet processes 1,742,000,000,000,000,000 (quintillion) gigabytes of information.

• One gigabyte = 64,782 - 8.5” x 11” pages of data.
• The pages in 1 day would fill 1666.6 quintillion 4 drawer filing cabinets.
  
  1,742 Quadrillion pages
  OR 112,850,240,000,000,000,000,000 pages per day.
  Or 4,702,093,500,000,000,000,000,000 (sextillion) pages per hour
  OR 78,368,225,000,000,000,000 (quintillion) pages per minute
  OR 1,306,137,083,333,333,333 (quintillion) pages per second.

• Look at just one (1) web site: YouTube
  
  o In 2015 there was 400 hours of video uploaded every 60 seconds (1 minute)
  o 24,000 per hour
  o 576,000 hours per day
  o Videos watched on YouTube in one year 1,536,000,000,000 trillion
  o 205,375,581,000 Billion every month
  o 6,845,852,700 Billion each day

• If all the data on the global internet were in one day printed on 8.5” x 11” sheets of paper, it would reach 8,300 miles high and take 16,000,000 trees to produce that much paper.

• The average adolescent takes in 34GB of data every 24 hours into his/her brain from a “moving screen.” This equals 2,202,588 - 8.5” x 11” pages of data. (And you wonder why they have a short attention span? Some estimate it is 8 seconds.) They are in overload!

“…every second…at least 7,000 Tweets sent [18,144,000,000 (B) every 30 days/month]”

1140 Tumblr posts posted online
733 photos posted on Instagram
2,207 Skype calls
55,364 Goggle searches [143,503,488,000 (B) every 30 days/month]
127,354 YouTube videos viewed, and over 2 million emails sent.”
“…that’s the average in just one second…Extrapolate that out to an hour…”

“…over one billion sites on the [surface] Web today…the indexed [surface] Web contains at least 4.75 billion pages according to WorldwideWebSize.com…”

“The Invisible Web is estimated to be many thousands of times larger…the Invisible Web contains approximately 550 billion individual documents compared to the one billion of the surface web.”

“By the end of 2016, global internet traffic will reach 1.1 zettabytes per year…by 2019, global traffic is expected to hit 2 zettabytes per year. One zettabyte is the equivalent of 36,000 years of high-definition video, which in turn, is the equivalent of streaming Netflix’s entire catalog 3,177 times; in just three minutes, the amount of data travelling over the internet in just three minutes is the digital equivalent of every motion picture ever made in the last 120 years.”

“…the Washington Post estimated that there are 305,500,000,000 pages online. How long would it take to download the entire Web: 11 trillion years.”

“If you packed 450 2-terabyte storage drives into a single 8' x 10' room, you’d need 1,000 drive-packed rooms to equal the estimated ‘Exabyte’ of data on the Web.”

“Google says that the web now has 30 trillion unique individual pages…and that it stores information about those 30 trillion pages in the Google Index, which is now at 100 million gigabytes. That’s about a thousand terabytes, and you’d need over three million 32GB USB thumb drives to store all that data.”

“‘Since 2012, the Web nearly doubles in size every single year.’”

(Jerri Collins, “How Big is the Web? How Many Websites are There?”, Lifewire, October 19, 2016, https://www.lifewire.com/how-big-is-the-web-4065573)
Every pastor, every parent, every author, every speaker, every grandparent is in competition (or affected) with the above

The question of the century: “How does the church or a parent get a ‘footing’? The internet has exploded porn globally. The Web has changed everything…Why? It makes Porn:

The Internet has changed everything

- Available
- Accessible
- Admissible
- Affordable
- Anonymous
- Appealing
- Alternative
- Arousing
- Affirms
- Aggressive
- Addictive

Internet porn:

(TOO LARGE TO FAIL)

The Entire Porn Epidemic document has 1,750 pages of documented research. Go to josh.org/epidemic to download free.

The internet has changed everything.

The human mind cannot begin to grasp, let alone understand, the size of porn on the internet. For example:

- 1998 – 14 million pornography webpages
- 2003 – 260 million pornography webpages
- 2006 – 420 million pornography webpages
- 2010 – 500 million pornography webpages
- 2012 – 980 million pornography webpages
2018 – 2.3 billion pornography webpages


• One porn site total bandwidth last year was 3110 petabytes which
  o Would equal 3,110,400,000 GB.
  o If printed out on 8½” x 11” sheets of paper it would be 201,497,932,800,000 (T)
  o For one person to count the pages would take over 100,000,000 years just to count the pages
  o Would fill 20,149,793,280 (B) 4-drawer file cabinets.

Those pages above looked at by children would be 60,449,379,840,000 (T) which would fill 6,044,937,984 (B) 4-drawer file cabinets watched by children. This would equal 99 GB of steamed data or 6,413,413 (M) pages of data or 2,556 4-drawer file cabinets per second. The above watched by children equals 770 4-drawer file cabinets per second.

• Total porn videos viewed last year by one site: 91,594,225,000 (B).
  o That means one site had 12.5 videos viewed for every man woman and child on earth.
  o This means that 27,594,067,500 (B) were viewed by children.

• One site in 1 year uploaded 10,059,213 (M) videos.
  o Every year 1,515,627 (M) hours of videos uploaded.
  o That is 173 years of videos uploaded in twelve months.

• One top porn site last year had 23,000,000,000 (B) visits.
  o That is 64,000,000 visits per day.
  o Last year 4,599,000,000 (B) hours of porn were watched
  o equals more than 5,246 centuries (all by 1 site in 1 year).
  o That means 137,970,000,000 (B) of those videos were watched by children. (“How Many People are Watching Porn Right Now?”, Fight the New Drug, September 11, 2017, https://fightthenewdrug.org/by-the-numbers-see-how-many-people-are-watching-porn-today/)

It would take 4,083,333 days to look at all pornography pages … or 11,180 years! (Church Leader’s Intelligence Report, August 11, 2010, 0, http://www.freedombeginshere.com – via Foster Letter)

One site world-wide had 4,392,486,580 hours of content watched. That is more than twice as long as Homo Sapiens have spent on earth. (Belinda Luscombe. Time. Porn and the Threat to Virility. March 31 2016.)

Just one site last month distributed or “transferred porn data” equal to 29 petabytes. That represents enough porn material to fill 580,000,000 4-drawer file cabinets! Which mean 17,400 of those cabinets were watched by children.

Another site distributes enough porn, that if printed every day, would completely fill the Empire State building, every day…365 days a year (240,000 videos viewed every hour – 24/7).

There are sites that have more than 100,000,000 visitors every 24 hours 24/7 that would be 36,500,000,000 a year, and one that had 23,000,000,000 (B) visits in one year.

“Xvideos…website.

• Xvideos 50 GB per second
• 350 Million visits per month
• 3,243,100 pages of porn per second.
• Xvideos 50 GB per second is 25,000 times larger than your home internet connection.

“…a large porn site will have to have enough connectivity to serve up 50 gigabytes per second, or 400 Gbps. Bear in mind this is an average data rate, too: At peak time, Xvideos migh burst to 1,000 Gbps (1Tbps) or more. To put this into
perspective, there’s only about 15 Tbps of connectivity between London and New York.”

(Sebastian Anthony, “Just How Big are Porn Sites?”, Extreme Tech, April 4, 2012, https://www.extremetech.com/computing/123929-just-how-big-are-porn-sites#@*&%!^$~

One site had 100 million page visits per day and every second 4,000 videos viewed. That is 240,000 videos viewed every hour 24/7.

-“Enough porn was watched in 2016 on this one website that all the data would fill 194,000,000 USB sticks. If you put the USB sticks end to end, they’d wrap all the way around the moon.”


“We don’t tell you these stats to scare you, we tell you so that you can understand just how big of a problem porn is, and how widespread and normalized it is. The numbers don’t lie, and neither does the research.” (“How Many People are Watching Porn Right Now?”, Fight the New Drug, September 11, 2017, https://fightthenewdrug.org/by-the-numbers-see-how-many-people-are-watching-porn-today/)

• “12% of the websites on the internet are pornography. That’s 24,644,173 porn sites.”


• “37% of ALL internet activities are pornographic.”

(“Current Pornography Statistics- A Brief Internet Review”,

Josh McDowell Ministry 2018
• “30% of all data transferred across the internet is porn-related.” (HuffPost) (“10 Porn Stats That Will Blow Your Mind,” Fight the New Drug, March 3, 2015, https://fightthenewdrug.org/10-porn-stats-that-will-blow-your-mind/#sthash.bECDDFUx.dpbs)

• “…Dr. Mary Anne Layden, director of the Sexual Trauma and Psychopathology Program in the Department of Psychiatry at the University of Pennsylvania.”

  “Why, I asked Dr. Layden, did you start researching the links between violence and pornography?”

• “About ten years ... it occurred to me that I had not treated one case of sexual violence that didn’t involve pornography ... some were rape cases, ... incest ... child molestation ... sexual harassment – in all of these different kinds of cases, pornography showed up in every single one.”


• “The world’s largest porn site transfers 29 petabytes of porn a month In the U.S., 52% of pornography is accessed on smartphones; 10% on tablets. Worldwide, 51% of porn is accessed on desktop computers; 49% on smartphones and tablets.” (The Inquisitr, December 26, 2013)

• “25% of all search engine queries are related to pornography or about 68 million search queries a day” (Webroot, Site Accessed March 21, 2018, “Internet pornography by the numbers; a significant threat to society”, https://www.webroot.com/us/en/home/resources/tips/digital-family-life/internet-pornography-by-the-numbers) (Church Leader’s Intelligence Report, August 11, 2010, 0,
http://www.freedombeginshere.com – via Foster Letter)

• “2.5 billion emails sent or received every day contain porn” (Webroot, Site Accessed March 21, 2018, “Internet pornography by the numbers; a significant threat to society”, https://www.webroot.com/us/en/home/resources/tips/digital-family-life/internet-pornography-by-the-numbers)


Please prayerfully read the following situations…unfortunately, they are not unique nor isolated incidents. They are common occurrences in the Church and Families.

Youth/Children

Read this section thinking of your own children or grandchildren.
“Can You Protect Them?”

• 624,000+ child porn traders have been discovered online in the U.S. (Innocent Justice) (“18 Shocking Stats About the Porn Industry and Its Underage Consumers”, Fight the New Drug, September 5, 2017, https://fightthenewdrug.org/10-porn-stats-that-will-blow-your-mind/)

• “…Family Safe Media… the largest consumer of Internet porn is the 12- to 17-year-old age group. (“Teenagers Find Information About Sex on the Internet When They Look for It—And When They Don’t, UCLA’s Children’s Digital Media Center Reports” UCLA, January 27, 2015, http://www.cdmc.ucla.edu/downloads/press%20release%20ucla%20cdmc.doc)

• “The Children’s Commissioner and NSPCC of England … 94% reported seeing it by age 14.”
  o “46% (476) reported searching for it actively.”
  o “Some of the respondents felt curious (41%) shocked (27%) or confused (24%) on first viewing pornography.”
“The negative feelings subsided through repeated viewing of online pornography.”


- “wishing to emulate pornography increase with age – 21% for 11 to 12-year olds; 39% for the 13-14 year olds and 42% for the 15-16 year olds.”

![Percent of Age Who Emulates Porn](image)


- “Nearly two thirds (60%) of children and young people surveyed, who had seen online pornography, reported seeing it for the first time at home, followed by 29% who reported doing so at a friend’s house. In terms of whether this was volitional viewing, with 32% reported that first time they saw it they were alone and it just popped up, 22% reporting that it was shown to them by someone else without them expecting it.”

• “90% of 8 to 16-year-olds have viewed porn.”

• “47,000,000 porn videos are viewed by 7 to 14-year old children in the USA every single day.”

• “82,000,000 (M) porn videos are viewed every single day by children globally.”

• The director of a parachurch youth ministry on the East coast said, “Josh, I need your help. I took my top nine leaders on a leadership weekend. During our conversations the topic of pornography came up. I asked them, ‘How many of you watch porn?’ Josh, I was staggered when 8 of the 9 said ‘yes.’ What do I say to them?”

• Yesterday I talked to three youth leaders of a church with 1,700 in their youth group. I admonished them to address the porn problem with their students. I shared the statistic that up to 75% watch porn on the internet.

They interrupted me and said, “Oh no, it's more like 90%. It’s hard to find one of our students who doesn't watch pornography.”

• Several months ago, I had a hip replaced. I was in recovery for 30 days. As a custom of mine, I had one of my staff contact three biblically based evangelical churches in the area. I asked them if they would send their top 3 most dedicated Christian youth leaders in their church to meet with me.

That Saturday morning there were 10 sharp, Christian teenage leaders, a youth pastor and my wife and I. After breakfast, I asked them, “What is the greatest challenge or obstacle in being a follower of Christ.” Instantly, a 15-year-old girl blurted out, “porn.”

Then the other 9 all chimed in that it was a part of their lives. Not often am I really surprised, but this shocked even me. 100% watch porn. The sad commentary is that probably none of the pastors (youth leader/pastors) nor their parents, would believe it.

• “One boy under the age of 15 told ChildLine that he was ‘always watching porn, and some of it is quite aggressive’. ‘I would like to get married in the future, but I'm scared it might never happen if I carry on thinking about girls

• “The average age for a child to be exposed to pornography is 11 years old [8-11 years old]. This usually happens while they are doing homework.” (“Children Internet Pornography Statistics”, Family Safe Pornography Statistics, Accessed April 2, 2015, http://www.familysafemedia.com/pornography_statistics.html)

• “Some researchers believe the average age of exposure to pornography is now 8 years old.” (Rob Jackson, “How to Confront Children Using Pornography”, Pure Intimacy, 2004, http://www.pureintimacy.org/piArticles/A000000593.cfm)

• “90 percent of 8- to 16-year-olds have been to a porn site.” “…in a global survey of 19,000 parents, children as young as six are accessing porn.” (“Children Internet Pornography Statistics”, Family Safe Pornography Statistics, Accessed April 2, 2015, http://www.familysafemedia.com/pornography_statistics.html)

• “Young Age of First Exposure: A study of university students found that 93% of boys and 62% of girls had seen internet pornography during adolescence. 49% first encountered pornography before age 13.”

• “…93 percent of boys and 62 percent of girls were exposed to online pornography during their adolescence.” (Nick Bilton, “Parenting in the Age of Online Pornography”, NY Times, January 7, 2015, https://www.nytimes.com/2015/01/08/style/parenting-in-the-age-of-online-porn.html)

• “‘We know from the young people who contact ChildLine that viewing porn is part of everyday life, and our poll shows that one in five [20%] 12 to 13 year-olds thinks that watching porn is normal behaviour.’” (Patrick Howse, “Pornography addiction worry ‘for tenth of 12 to 13-year-olds”, BBC News, March 31, 2015, http://www.bbc.com/news/education-32115162)
• “Last night a grieving mother told me, “My daughter is 18 years old. She has always been a very spiritual girl. However, over the last two years she has lost all interest in spiritual things. She no longer reads her Bible and has lost all interest in church. So we just had a long talk about it. Afterward she came to me and shared that she is addicted to internet porn. It all started at 13 years old through a friend at their Christian school.”

• “There are 116,000 searches for ‘Child pornography’ every day. (Jason Chen, Gizmodo, June 1, 2010, “Finally, Some Actual Stats on Internet Porn,” https://gizmodo.com/5552899/finally-some-actual-stats-on-internet-porn)


• “When they talk about porn with friends, 89% of teens, and 95% of young adults say they do so in a neutral, accepting, or encouraging way. That is, only one in 20 young adults and one in 10 teens say their friends think viewing pornography is a bad thing.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

• “A Moral dilemma: 32% say viewing porn is ‘usually or always wrong’ compared to 56% who say not recycling is ‘usually or always wrong.’” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016,
“Half of young adults (49%) and one-third of teens (32%) say all or most of their friends regularly view porn.” (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)


“One youth minister states that 90% of the kids who come to him for help… all who are from Christian families… are addicted to porn.” (12-3-12: CBN News)

“21% of Christian teenage girls admit to texting a naked photo of themselves.” (12-3-12: CBN News)

“71 percent of teenagers ages thirteen through seventeen come across Internet porn without even looking for it.” (The Porn Phenomenon Study, 2016, 41.)

“…87 percent say that no one in their lives is helping them avoid pornography. And 54 percent of those couldn’t even think of anyone who could help them.” (The Porn Phenomenon Study, 2016, 112.)


“But 66% of those who said they saw porn online said they weren't looking for it and saw it accidentally, according to the 2007 study by the University of New Hampshire and published in Pediatrics.” “Replace the 'sex talk' with the 'tech talk'”

The Entire Porn Epidemic document has 1,750 pages of documented research. Go to josh.org/epidemic to download free.
• “…47 percent of school-aged children received porn spam on a daily basis. This study also found that as many as one in five children open the spam they receive.” (“Symantec survey reveals more than 80% of children using e-mail received inappropriate spam daily,” Business Wire, June 9, 2003)


• “83% of boys and 57% of girls have seen group sex online.” (“Put porn in its place,” Psychologies, Aug 2010. http://www.psychologies.co.uk/put-porn-in-its-place.)

• “69% of boys and 55% of girls have seen same-sex intercourse online.” (“Put porn in its place,” Psychologies, Aug 2010. http://www.psychologies.co.uk/put-porn-in-its-place.)

• “75% said their parents had never discussed Internet pornography with them.” (“Put porn in its place,” Psychologies, Aug 2010, http://www.psychologies.co.uk/put-porn-in-its-place.)

• “It was a long walk ... in only four minutes, after speaking to a pastor’s seminar, five different young people at the church approached me and said, “I’m addicted to pornography. Help me...I can’t stop!”

• “As I got into a car, a man grabbed me by my arm, then the father of a 10-year-old son said, “My son just told me he has been watching porn for 3 years (since 7 years old).”


“As stated in The Third Way Culture Project report (2005),”
“The Internet is transforming the experience of growing up in America. It is also transforming the job of being a parent in America. The Internet brings the world—the good, the bad, and the ugly—to the American family’s doorstep. It brings the ruins of ancient Athens to that doorstep, but it also brings the red light district of Bangkok (p. 2).” (The ThirdWay Culture Project. (2005, July). The porn standard: Children and pornography on the Internet. Retrieved September 4, 2005, from http://www.thirdway.com/products/THE PORN STANDARD.pdf.)

“The other unprecedented characteristic of Internet pornography is the ease with which children and adolescents have access to it—both solicited and unsolicited access. In the past, the adult bookstore or restricted movie theater was a tangible gatekeeper or buffer to minors being exposed to this material, albeit not impenetrable. Currently, anyone can be a consumer and/or target of sexually explicit material. A startling indicator of this indiscriminating accessibility, not to mention strategic consumer targeting, is to consider that Nielsen//NetRatings, a reputable and well-recognized source for online audience measurement, includes children beginning at two years of age in their demographic statistics for so-called ‘adult’ traffic.” (Nielsen//NetRatings. (April 2005). Retrieved directly from Nielsen//NetRatings May 25, 2005.) (Jill C. Manning, (2006) “The Impact of Internet Pornography on Marriage and the Family: A review of the Research,” Sexual Addiction & Compulsivity: The Journal of Treatment & Prevention, 13:2-3, 131-165, http://dx.doi.org/10.1080/10720160600870711)


**Students**

- “80% of 15 to 17-year-olds have had multiple exposures to hardcore XXX material.”
• “1/3 of teenagers say all or most of their friends regularly look at porn.”

• “For 12 to 17-year-olds only 1 in 10 (11%) say they have only one friend who says porn is bad.” (“The Porn Phenomenon”, Barna Group, 2016, page 25, https://www.barna.com/product/porn-phenomenon/)

• “18 to 34-year-olds (5%) say they have one friend who says porn is bad.” (“The Porn Phenomenon”, Barna Group, 2016, page 25, https://www.barna.com/product/porn-phenomenon/)


• In an Eastern European country, I spoke to 2,300 high school and college students (ages 16-24). During this talk, 373 indicated they trusted Christ as Savior and Lord. At the second follow-up appointment, CRU staff asked each student: “What is the greatest barrier or obstacle for you to follow Jesus?”

Their answer came back to me in an email I received on March 24, 2016:

“Josh, you will find this hard to believe: Out of all 373 students, every one of them said, ‘I have a problem with pornography and I need help.’”

• Recently I spoke at one of the top three Christian institutions for post-high school education – a school that is biblically-based, theologically sound, spiritually alive and mission-oriented. (I believe it is one of the finest in the world).

I had just finished speaking on “Pornography and the Church” to 5,000 participants. The next hour was an eye-opening and very disheartening experience. I was sitting at the autograph table and almost every conversation with a student, whether male or female (18-25 years old) was reflected by this 22-year-old’s comments:

“Mr. McDowell, you will never know how your talk tonight so impacted my life. Last night on my dorm floor (all the students are studying for The
Ministry) all the guys got together. I asked them, ‘How many of you are struggling with pornography?

Mr. McDowell, there was not one student on our entire floor who wasn’t … every single student struggles with pornography … right after your talk, I text-messaged every person on my floor, ‘We must all get together tomorrow night. We have got to hold each other accountable and deal with porn.’”

The next student in line approached me crying in front of everyone and said, “Mr. McDowell, I’m twenty-one years old. I’ve never had a boyfriend, never been kissed and never held a boy’s hand. For thirteen years I’ve been struggling with pornography (started out at 8 years old). It has destroyed my life.”

The next two girls said, “Almost all of our friends are struggling with pornography.”

• “Jonathan van Maren related that in ‘my first political science classes in university – out of the entire class, only myself and one other guy were opposed to pornography … a few of the girls were the most vociferous defenders – almost as if they had something to prove.’” (Jonathan van Maren, “Feminism’s self-defeating about-face on porn”, Life Site News, January 26, 2015, https://vimeo.com/87029787)

• In a Middle East Country, at one of the most prestigious, elite Christian schools, there are 331 students 13 to 15 years old. After I spoke on sex and love. The school designed a survey. Incorporated into the survey were two critical questions:
  
a) Do you watch porn on the internet?

b) If you do, do you want help/counseling to stop?

An email was sent to me the first of April 2016 stating

  Josh, your stats on our students and pornography staggered us. We didn’t think they could be true of our school. So we took a survey.
They circulated a 20-question questionnaire and embedded in the survey were the two questions they wanted answered:

a) *Josh, every one of our 13 – 15-year-old Christian students (331) answered “yes” to “Do you watch porn on the internet?” and*

b) “*No” to “Do you want help/counseling?*

- “…90% of today’s college men and more than 60% of college women in the US saw porn before the age of 18.” (Luke Gilkerson, “Pocket Porn: Nearly a third of teens carry portable X-rated theaters”, Covenant Eyes, April 15, 2014, http://www.covenanteyes.com/2014/04/15/porn-pocket/)


*The Entire Porn Epidemic document has 1,750 pages of documented research. Go to josh.org/epidemic to download free.*

- In an Eastern European country, at a CRU meeting for pastors and church leaders, one leader came to me and said:

  “*Josh, you really shook up our church leaders. They all left questioning the prevalence of porn in their families and church. The top leader in the country went home to his 19-year-old son. He was shocked and deeply hurt when his son confided that he is addicted to porn…and it all started when he was seven years old. Needless to say, the pastor is shaken up and so sad.”*

- Recently, a couple came to me to encourage me in carrying out the Set Free
Global Summit on Internet Porn and Sexual Addiction. I asked, “Why?” Their response was, “Our 17-year-old son has always been a role model to follow. He led his youth group, read many of your books. However, several months ago his life slowly began to change. He didn’t want to go to church or youth group. He quit reading his Bible and became critical. We tried so hard to encourage him, but nothing helped. He finally confessed to us that since he was 8 years old, he has been addicted to porn.

Now, he no longer believes, never prays, has become a loner and wants to spend all his time in his room.

- “The University of Montreal was commissioned to study the implications of porn on 18-25 year-olds. They had to terminate the study after several months. They couldn’t establish a control group of students in all of Canada who hadn’t watched porn.” (Jonathan Liew, “All men watch porn, scientists find”, Telegraph, December 2, 2009, http://www.telegraph.co.uk/women/sex/6709646/All-men-watch-porn-scientists-find.html)

- “Another research scientist cancelled a study on porn and university students. “I could not find a control group who hadn’t seen porn.” (Mary Ann Layden, University of Pennsylvania)

- While I was visiting an Asia country, 2 legislators asked me about porn. When I finished talking, one of the professors, who does research for the government, exclaimed, “We stopped doing scientific studies with university students and porn … we cannot find a ‘control group’ in all of the country.”

- Worldview training seminars attract the finest youth from our churches. Recently, the director of one of the top three seminars told me that through their surveys, they discovered that 70% of guys and 40% of girls watch pornography. He was shocked because these are some of our top Christian kids.

- After one of the above seminars, two teens came up and asked to talk with me. “We need to talk with you. This afternoon there were twelve of us in our room. After we heard your comments on pornography, we asked the other ten kids in the room if they watched pornography. Eight of ten said ‘yes.’”

What worried these 2 young people was that they didn't know what to say when all 8 defended their viewing of pornography. They saw nothing wrong
with it.

- Recently during a large youth convention in Mexico, I asked the director of the ministry if they talked to their kids about porn. He replied, “No, but we need to”. I asked why? He replied, “We did a survey of all our youth groups and 90%+ of all our students watch porn.

**Men**

- “Christian men who “actively seek out pornography:”

  "81% (ages 13-18)"
  "76% (ages 18-24)"
  "65% (ages 25-39)"
  "47% (ages 36-60)"


- “A 2014 Barna group study commissioned by Proven Men Ministries revealed high levels of pornography use and rampant extramarital affairs among Christian men. Of men between the ages of 18-30 years old:”

  "77% look at pornography at least monthly"
  "36% view pornography at least daily"
  "32% admit being addicted to pornography"

- For middle-aged Christian men (ages 31-49)

  "77% looked at pornography while at work in the past 3 months"
  "64% view pornography at least monthly"
  "18% admit being addicted to pornography"

- Those who identify themselves as born-again Christians:

  "95% admit that they have viewed pornography"
  "55% look at pornography at least monthly; and"
“35% had an extra-marital sexual affair while married.”


• “Proven Men Ministry. After analyzing their new life study (conducted by Barna Research Group) of Christian men and internet porn, the coordinator of the study was asked the question, “How many Christian men watch porn?”

  “His reply”: ‘There are two types of Christian men
  o Those who watch porn and
  o Those who lie.’”

1. “The statistics”, he said, “knock the wind right out of you …Christian men…they are starving for the church to step forward with solutions.”
2. “Joel Hesch, founder of Proven Men Ministries … “it’s abundantly clear that pornography is one of the biggest unaddressed problems in the church.”


• “Promise Keepers reported – “53% of the men reported visiting a pornography website the week before.” (“Current Pornography Statistics- A Brief Internet Review, 7/29/03; http://www.familysafemedia.com/pornography_statistics.html)

• “Some 44% of males, compared to 29% of females, reported that the online pornography they had seen had given them ideas about the types of sex they wanted to try out.” (Elena Martellozzo, Andy Monaghan, Joanna R. Adler, Julia Davidson, Rodolfo Leyva and Miranda A.H. Horvath, “A quantitative and qualitative examination of the impact of online pornography on the values attitudes, beliefs and behaviours of children and young people”, Middlesex University London, https://www.mdx.ac.uk/__data/assets/pdf_file/0021/223266/MDX-NSPCC-OCC-pornography-report.pdf)

• “How much do you agree with the statement: Seeing online pornography has led me to believe that sexual activities should be enjoyable for everyone [76%]” (Elena Martellozzo, Andy Monaghan, Joanna R. Adler, Julia Davidson, Rodolfo


- “77% of Christian men between the ages of 18 and 30 say that they look at pornography at least monthly.”
  - “64% of Christian men between the ages of 31 and 49 say they view pornography at least monthly.”
  - “36% of 18-30 year-old Christian men say they view porn at least daily”
  - “at least 32% of that age group admit to being addicted. 18% of Christian men ages 31-49 admit to addiction.”

- “Internet pornography use was reported by 76% of men in the last year, 61% used hardcore Internet pornography in the last year, with 56% using hardcore Internet pornography in the last month.” (John D. Foubert and Andrew Rizzo, “Integrating Religiosity and Pornography Use into the Prediction of Bystander Efficacy and Willingness to Prevent Sexual Assault,” Journal of Psychology & Theology, 2013, Vol. 41, No. 3, 242-251, https://www.researchgate.net/publication/258631508_Integrating_religiosity_and_pornography_use_into_the_prediction_of_bystander_efficacy_and_willingness_to_prevent_sexual_assault)

• “60-72% of men in the church are sex addicts” (Dr. Ted Roberts, Pure Desire Ministry, as quoted April 5, 2016, Greensboro, NC.)

• “…among teen and young adult men, 81% ever seek it out and 67% at least monthly. Among men ages 25-plus, the comps are 65% and 47” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)

The Entire Porn Epidemic document has 1,750 pages of documented research. Go to josh.org/epidemic to download free.

Women

• “Christian women who actively seek out pornography:”
  o “56% (ages 18-24)”


  • “In 2003, 34% of female readers of Today’s Christian Woman’s online newsletter admitted to intentionally accessing internet porn.” (Ramona

• “49% of 18-26 year old women believe viewing pornography is acceptable.” (Generation XXX, Pornography Acceptance and use Among Emerging Adults – Journal of Adolescent Research, Vol. 23, No. 1 2008)


• “24-30% of women in the church are sex addicts.” (Dr. Ted Roberts as quoted April 5, 2016, Greensboro, NC.)

• “13% of women admit to watching porn online at work.” (Jason Chen, Gizmodo, June 1, 2010, “Finally, Some Actual Stats on Internet Porn,” https://gizmodo.com/5552899/finally-some-actual-stats-on-internet-porn)

• “A study of emerging adults … found that 67% of males and 49% of females agreed that viewing sexually explicit material is an acceptable way to express one’s sexuality.” (Carroll, J. S., Padilla-Walker, L. M., Nelson, L. J.,


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Marriage

- I saw a beautiful little girl and said to Matt, my assistant, “Look over your left shoulder … isn’t that little girl beautiful? It makes me miss my grandkids.” The mother who was about 35 and beautiful looked like she had just stepped out of a modeling magazine. We struck up a conversation and chatted a little bit, and I quietly said, so her child could not hear, “Be careful about pornography.” Her head snapped up and she seemed startled. With tears she said, “It has destroyed almost everything in my life…my husband and his three brothers all became addicted by 10 years old. He no longer desires me. He can’t get aroused with me … only with his porn.” After a long pause she continued, “I was exposed to porn by my older sister when I was only 6 years old and by 8 I was addicted. When I was 23 I sought professional counseling.” She stared at me for the longest time, “You are the first person I’ve ever told about my marriage … thank you for listening.” As she walked away, I looked at my
assistant and we both experienced that sadness that comes from such a heartbreaking story.


The Entire Porn Epidemic document has 1,750 pages of documented research. Go to [josh.org/epidemic](https://www.josh.org/epidemic) to download free.

**Family**

- Three weeks ago, a lady, (a very dear friend), contacted me pleading for help. She wrote to Dottie:
“This young boy is only seven, and he accidentally saw porn on a cell phone. He confessed this to me as a safe person to talk to (don’t know if parents know how bothered he is) that he is obsessed with wanting to see naked bodies.

He also saw some family adults (not completely dressed) when even younger and the images stuck in his mind. The parents are Christian parents and friends of mine. Thank Josh hugely for me. I need to respect the child’s trust, but need to give his parents HELP!”

Then later she emailed:

“I deeply appreciate this help and Josh’s recommendations. I don’t know of a family who hasn’t battled this. Even S’s (her daughter) family, as isolated as they are, deals with this threat. It just hit me hard as I was spending time with this child. He slowly and cautiously brought the subject up, then confessed his obsession. He has talked with his mom, and she of course totally restricted the internet, but I’m sure she doesn’t know what to do with the damage that has turned into this obsession. He told me he thinks about it all the time, at 7 years old!

What an enemy we face. So proud and thankful for Josh’s crusade against it.”

It is hard to raise porn-free children when – “Twitterverse is home to an estimated 10+ million porn accounts.” (“18 Shocking Stats About the Porn Industry and Its Underage Consumers”, Fight the New Drug, September 5, 2017, https://fightthenewdrug.org/10-porn-stats-that-will-blow-your-mind/)

The Entire Porn Epidemic document has 1,750 pages of documented research. Go to josh.org/epidemic to download free.

Two parents just found out their 28-year-old son had been addicted to porn for years. His mother finally confronted him, but he wouldn’t stop. It all started when
he was 11 years old. He confessed that every night he watched it in his room. It was why he adamantly told his mom and dad to always knock before entering his room.

“Well done Sir!!!! I have been sounding the trumpet on this topic for the past 10 years. We hit it hard in our confirmation program (6th through 9th grade). However, in recent years, I have been convicted that our efforts are coming too late. Despite the fact that all of our boys and at least half of our middle school girls report having seen porn, and I mean significantly disgusting porn, the parents are slow to appreciate the dangers. Parents look at me as though I have lobsters coming out of my ears when I call this the decisive battle of the century. (I have been a pastor for 27 years. I am used to that.)”

“Your address [Moody Bible Institute Talk] has vindicated our efforts and we will pick up the challenge with greater clarity and zeal. I am sure that you will take heat for this address. God bless you! I also appreciate that you lifted up the relationship you have with your wife! Thank you, thank you, thank you. May God continue to nourish and sustain you!”

The Rev. Dr. Jane Kunzie-Brunner, Associate Pastor Lutheran Church of the Atonement Barrington, IL. katiebrunner@icloud.com (sent 2.12.15)

• Mark Rose, author of Noah Code, recalls that time you visited his church and talked about pornography. The son of his secretary came to hear your talk. He was long struggling with his faith and nobody could figure out what was wrong with him. When he heard your talk on pornography, he realized that was the problem! This young man was able to get out of pornography and has been on the road of recovery since then.

• A mother called me quite upset regarding her 13-year-old son. A girl had approached him to say that a boy in their class wanted to date him. He replied, “I’m not into that… no.” Several days later it was posted on a website under the name of the school that he was gay. Everyone at his school saw it. In the locker room they kept trying to get him to look at porn. He kept saying “no.” They started calling him gay. About this time, the parents checked his phone and found porn. They asked him, “Why?” He replied, “I
had to.” “Why?” the parents replied. He said he had to download pornography to convince the other boys he wasn’t gay.

• Last night a grieving mother told me, “My daughter is 18 years old. She has always been a very spiritual girl. However, over the last 2 years she has lost all interest in spiritual things. She no longer reads her Bible and has lost all interest in Church. So we just had a long talk about it. Afterward she came to me and shared that she is addicted to internet porn. It all started at 13 years old through a friend at their Christian school.

• While I was visiting a Christian leader in his home in Alabama, his 15-year-old daughter asked if she could privately ask me a question. We went into the kitchen where she asked me a very innocuous question. I responded, “What is really in your head?” She broke down crying, “I’m addicted to porn. It totally controls my life.”

She is a leader at her Christian school and feels like such a hypocrite. “Can you help me … please… I can’t tell my parents … it would destroy them.” I asked for her email. She responded, “I can’t, if I even walk by a computer or iPad, I have to go to look at porn.”

I introduced her to my administrative assistant and got her and her parents into counseling.

The story was having a beautiful ending … little by little a real joy was returning to her life and her parents became a big part of it. Then, all of a sudden she fell back into porn … deeper than ever.


The Church
The following excerpt is from an open letter Chuck Swindoll posted on his Insight for Living Website not long ago:

“The most recent studies available suggest that one out of every two people -- that’s 50 percent of the people sitting in our pews -- are looking at and/or could be addicted to Internet pornography…Truth be told, that statistic could be even higher…”(Mike Genung, Crosswalk.com, June 17, 2005, “How Many Porn Addicts are in Your Church?”, http://www.crosswalk.com/church/pastors-or-leadership/how-many-porn-addicts-are-in-your-church-1336107.html)

“Stop and imagine the ugly but very real possibility of some of your own elders and deacons leaving your meetings and going home to surf porn. Think about youth leaders viewing it one minute, and leading a small group with our kids thirty minutes later. It’s ruining marriages, destroying relationships, harming youth, and hurting the body of Christ. You hardly need to be reminded that fallen pastors and priests did not ‘suddenly’ fall. More often than not, pornography played a role in their downward spiral.” (Mike Genung, Crosswalk.com, June 17, 2005, “How Many Porn Addicts are in Your Church?”, http://www.crosswalk.com/church/pastors-or-leadership/how-many-porn-addicts-are-in-your-church-1336107.html)

“My friend, it’s time to do something about it. In fact, we need to start today. Making a difference requires action…Our churches are in trouble. This is no time to simply wait and pray.” (Mike Genung, Crosswalk.com, June 17, 2005, “How Many Porn Addicts are in Your Church?”, http://www.crosswalk.com/church/pastors-or-leadership/how-many-porn-addicts-are-in-your-church-1336107.html)

• The pastor of a church (500-700 members), recently came to me and said, “Can you help...I don't know what to do about pornography. I don't know how to research it. I don't know how to talk to my people about it."

His wife added, "Honey, tell him why we really approached him.”
The pastor hesitated, looked around and then leaned in towards me, “Josh, my 22-year-old son, who is a youth pastor, just told me he is addicted to pornography. He can’t stop. I don’t know what to say. I don’t know how to talk about it to my people. Can you help me?”

- “50-58% of pastors are sex addicts.” (Dr. Ted Roberts, Pure Desire Ministry, as quoted April 5, 2016, Greensboro, NC.)

- “According to data taken from Internet users who took part in the General Social Survey for the year 2000, regular church attenders are 26% less likely to look at porn than non-attenders, …but those self-identified as ‘fundamentalists’ are 91% more likely to look at porn.” (Steven Stack, Ira Wasserman, and Roger Kern, “Adult social bonds and use of Internet pornography.” Social Science Quarterly 85 (March 2004): 75-88.) (“Pornography Statistics: 250+ facts, quotes, and statistics about pornography use – 2014 edition, Covenant Eyes, www.covenanteyes.com)

- A counseling pastor of a very large Baptist church: “the overwhelming majority of my counseling is pornography.”

- A denomination president: “It’s our Achilles heel and our pastors won’t talk about it.”

**Missions**

- A representative of a large missionary organization which sends out about 400 short term missionaries (all university students) stated, “Josh, we have to reject 85% of our applicants because of pornography.”

- An executive with a missions organization to students stated: “80% of our applicants watch porn.”

- A director of one of the largest ministries in CRU explained to me that since January 2017 (was now August 2017) they have had 196 applicants for joining CRU staff in that ministry. “Josh, 99% of the men and 80% of the women have watched or do watch porn.”

- Yesterday, during a call to a potential presenter for the Set Free Summit, who is extremely accomplished in psychotherapy and the head of the department
in a major East Coast university, he told me, “Josh, in our research we almost never come across a teenager who hasn’t watched porn. What we have discovered is that when they reach the first year in the university, the viewing of pornography rapidly increases. It is very difficult to do any scientific studies of university students’ involvement in porn because we can’t find a control group of men and women who don’t watch porn.

“Josh, porn is now at the level of a tsunami among our youth. I will be at the Set Free Summit … it is a deep calling in my life. I fear for our youth, our families and our churches.”

• “We are a small mission operation … about 200 missionaries (about 100 families). We are being gutted by porn. Last month we had to bring home 5 families.”

• A missionary from Asia was talking with me and related that recently when an American pastor arrived to speak to 500 missionaries and their families from 5 missionary organizations, he was asked to speak on another topic other than what he had prepared. “Why?” the pastor inquired.

They said, “We would like for you to speak on pornography and sexual purity.” The visiting pastor asked “Why?” The missionary conference coordinator replied, “Our missionary families are being riddled with porn. It is destroying us.”

• I was with a mission organization, Cru International. I spoke to about 300 CRU staff children (12 to 18). When I walked in, I singled out three of the staff kids. I said, “Look me in the eyes … I want to ask you a question, do you watch porn on the internet?” They replied, “No, absolutely not.” “Let me ask you another question … are you lying to me?” “Well maybe I watch it a little.” “Let me ask you another question, are you lying to me again?” “Well, ah, maybe I watch it a lot.” All three were similar conversations. They were between 13- 16 years old. The sad thing, I’m sure their missionary parents have absolutely no idea and would vigorously defend that their child would never look at pornography.

• Three CRU country leaders from Middle Eastern countries approached me at the Set Free Summit:

   Josh, these two days have been eye-openers for us. We now realize that in the Middle East the greatest enemy
to our ministry is not ISIS…it is pornography. ISIS can kill our bodies, but porn will destroy our soul and the effectiveness of our ministry.

The Workplace (TWP)

• “20% of men admit to watching porn online at work.” (Jason Chen, Gizmodo, June 1, 2010, “Finally, Some Actual Stats on Internet Porn,” https://gizmodo.com/5552899/finally-some-actual-stats-on-internet-porn)


• Recently, I was at a hotel in Gilroy, CA. The porter was a sharp young man about 22 years old. I asked him, “Do you watch porn on the Internet?” He responded, “Of course…everyone does.” He went on to say, “Why should I quit? I’m not in a relationship.” When I shared the consequences for future relationships, he replied, “I will worry about it then.”
After asking the same question to a waiter in the same hotel, he replied, “Oh yeah…a whole lot…I don’t know anyone who doesn’t watch porn.”

- On a recent American Airlines flight there were two young flight attendants interacting with me. One of them, Crystal, 23 years old, listened carefully when I shared, “Be careful when you get married … try to find out if he watches porn.” She sadly explained, “Sir, I don’t think I have ever met a man who doesn’t watch pornography.”

- While Dottie and I were having a great meal at The Outback Steakhouse, near our house, our waitress was very friendly. She was 21 and came to Christ at a great church near our house. I said, “Amy, when you get serious about a guy, in a relaxed moment, ask him if he watches pornography…” Her head popped up and she exclaimed, “I don’t think I know any guys in my church who don’t!”

- “The thing that struck me was that here are beautiful pictures of nature being posted and labeled ‘earth porn’ – as though the ‘porn’ moniker is a positive thing. That’s how mainstream, acceptable and ‘normalized’ the porn label has become. ‘Porn’ as a term used to be associated with filth, degradation, immorality, etc… Just an observation and another example of how timely it is to wake up the family and churches.” (Laurel Milton, email to Josh McDowell, May 5, 2015)

### The Brain and Porn

- “A research study published in the latest Journal of American Medical Association: Psychiatry concludes that the more pornography a person watches, the less gray matter, connectivity and activity they have in their brain.”

- “But this new research is the first to show that pornography is also linked directly to negative physical capacities within the brain.”
• “Dr. Donald Hilton, a neurosurgeon and professor at the University of Texas Health Sciences Center calls this study ‘the real deal.’ According to Dr. Hilton, ‘the study shows that heavy porn users have structural brain shrinkage.’” (Jim Denison, “Porn Users Have ‘Structural Brain Damage’, Denison Forum, June 5, 2014, http://www.denisonforum.org/cultural-commentary/1061-porn-users-have-structural-brain-damage)

I have been bombarded with comments like these from the experts (not novices) Christian, secular, Mormon, Catholic, etc. It is overwhelming.

The signs are there, and pastors don't seem to be seeing them. We must wake up the church; we must wake up families; we must wake up Christian schools; and we don’t have much time.

We must do all that we can to get pastors and parents to train them in positive, practical, biblically-based, and culturally relevant solutions.

The Entire Porn Epidemic document has 1,750 pages of documented research. Go to josh.org/epidemic to download free.

We have quite a challenge in front of us. Mark my words, within 3-4 years, pornography, including child porn, will not only become culturally acceptable but there will also be a crusade to legalize all pornography.

You can see right now the winds are blowing that way.

Now I’m putting on my “prophet’s hat.” The Church has no longer than 60 months (5 years) to wake up and address this issue straight on or it will be too late and porn will become normalized in the Evangelical church and its “gospel message” will be marginalized forever. “Josh that is ridiculous! That is boisterous.” Well, you better wake up.

If you cannot understand the above warning, then when it happens, you will intellectually and spiritually, not only deny its reality, but you will probably never experience a significant impact for Christ but probably lose your children and precious grandchildren to porn.

Today, a 38-year-old pastor, painfully shared, “In our church we have seen so many lives ruined (by porn) and frankly I have felt stunted in my ability to provide real long term help for the ones who want out.”


AND YOU THINK YOUR CHILDREN OR GRANDCHILDREN WON’T SEE IT?

“Wake up!” - Josh D. McDowell

As I sat watching a cable news channel recently, a cultural activist being interviewed said,

“We won the sex education war, we won the gay/lesbian war, we have now won the same-sex marriage war and trust me, we will win the porn war ... you might as well give up.”

“Upon hearing this, I rose from my chair and exclaimed, ‘not if I can help it!’”

“No wound is so deep as to be out of the reach of Christ’s redeeming grace.” (Catholic Bishop Quote)

“For I will restore health to you, and your wounds I will heal, declares the Lord.” Jeremiah 30:17
“I have stored up your word in my heart, that I might not sin against you.”
Psalm 119:11

“Behold The LORD’s hand is not so short That it cannot save; Nor is His ear so
dull that it cannot hear.”
Isaiah 59:1

For I know the plans that I have for you,” declares the LORD, “plans to prosper
you and not to harm you, plans to give you hope and a future.”
Jeremiah 29:11

If you read this lengthy e-mail – thank you.

In light of our high calling,

Josh D. McDowell (Cru 32005)
“The Porn Phenomenon” (from Facts and Stats About Pornography)

“Today, our team had the privilege of launching a new nationwide study about pornography. It is a massive research project examining teenagers, young adults, and Americans in general as well as pastors and youth pastors – more than 3,000 interviews in total across a range of questions.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)

“Porn: What Is It and Why Use It?”


   • “Younger adults and teens are more likely than older adults to use porn for boredom, curiosity and fun.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)


   • “‘Being less risky than actual sex’ is higher motivation among both teens and older adults—for different reasons, presumably.” (David
“The Morality of Porn”


• “Porn is a much more readily ‘researchable’ topic than it was two decades ago. It’s a subject that does not have the same social taboo that it once did. When respondents were allowed to ‘opt-out’ of questions of a personal nature, more than 90% continued through the survey questions, indicating data reliability.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIlrK70)


• “Teens are most likely age segment to experience feelings of guilt, although it’s still a minority of teenagers.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIlrK70)

• “Practicing Christians are twice as likely as others to experience guilt.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIlrK70)

• “When they talk about porn with friends, 89% of teens, and 95% of young adults say they do so in a neutral, accepting, or encouraging way. That is, only one in 20 young adults and one in 10 teens say their friends think viewing pornography is a bad thing.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)


• “32% say viewing porn is ‘usually or always wrong’ compared to 56% who say not recycling is ‘usually or always wrong.’” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)


• “Example: 71% of adults, 85% of teens and young adults who have viewed pornography did so using online videos” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

• “Magazines, graphic novels, on-demand videos and cable or rented/purchased DVDs are a very small part of the ‘market.’” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)


• “Nearly half of young adults say they come across porn at least once a week—even when they aren’t seeking it out.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

• “Nearly three-quarters of young adults (71%) and half of teens (50%) come across what they consider to be porn at least once a month,
10. **“While porn has typically been a man’s domain, its usage among young women seems to have become more common, perhaps due to digital access.”** (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)

- “Teenage girls and young women are significantly more likely to actively seek out porn than women over age 25, which is similar to men.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)

- “However, more than half of women 25 and under ever seek out porn (56% versus 27% among women 25-plus) and one-third seek it out at least monthly (33% versus just 12% among older men).” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)

- “In contrast, among teen and young adult men, 81% ever seek it out and 67% at least monthly. Among men ages 25-plus, the comps are 65% and 47%.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)

11. **“Most teens are ‘sexting’—either on the receiving or sending end of sexually explicit images.”** (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)

- “62% of teens and young adults have received a sexually explicit image and 41% have sent one (usually from/to their boy/girlfriend or friend).” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)

“Porn and Pastors”

12. **“Most pastors (57%) and youth pastors (64%) admit they have struggled with porn, either currently or in the past.”** (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEuIrK70)

• “About 12% of youth pastors and 5% of pastors say they are addicted to porn” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEurlK70)


• “The vast majority of faith leaders who struggle with porn say this has significantly affected their ministry in a negative manner. It is not clear why, but youth pastors are twice as likely as pastors to report this kind of unfavorable impact.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEurlK70)


• “Only 8% of pastors think that a pastor should resign his/her position if s/he is struggling with porn. Most pastors think s/he should deal with the struggle through counseling or accountability.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEurlK70)

• “In contrast, 41% of adult Christians think that pastors should be fired or asked to resign if they are found to be using porn. Younger Christians are more likely to take a grace-filled approach.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEurlK70)

14. “The vast majority of the faith community, including leaders and laity, believe pornography is a bigger problem in the Church than it was two decades ago. But many do not know what to do about it.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEurlK70)
• “93% of pastors and 94% of youth pastors say it is a much bigger or somewhat bigger problem than it was in the past.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

• “More than half of youth pastors have had at least one teen come to them for help in dealing with porn in the past 12 months.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

• “Although teens seeking help are mainly teen boys, there is still a significant amount of teen girls seeking help from youth pastors.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

• “Men of all ages and stages, but especially married men, are coming to pastors for help with pornography struggles.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

• “Despite the awareness of the problem, most churches do not have programs specifically designed to assist those struggling with porn use.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

“These are some sobering statistics. As I mentioned, our team is currently analyzing the research and working on our final report. Check back in April for more.” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

“You can also join us for the official, full-scale release of the study at the Set Free Summit in early April. Our team will be presenting the full study in person there!” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

“Until then, as a Christian community, what can we do to take action on research like this? We would do well to consider and pray for the very personal stories and struggles that form these numbers. In what ways can you address the challenges of the phenomenon of porn in your context today?” (David Kinnaman, “The Porn Phenomenon”, Barna, January 19, 2016, https://www.barna.org/blog/culture-media/david-kinnaman/the-porn-phenomenon#.VvrvEulrK70)

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“Porn doesn’t have a demographic…it goes across all demographics.”
-Paul Fishbein, founder of Adult Video News

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“PARENT TIPS: THE POWER OF PORN”


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Cultural Observations


• “Scholar Robert Jensen claims these realities present us with a moral paradox: What does it say about a “civilized” society that accepts and promotes a mass media genre that is overtly cruel to women and


• “The proliferation [self-pornification] of digital tools has blurred the lines between porn producers, distributors and consumers. Barriers to entry and transaction costs—such as the affordability of video equipment, for example, or the abundance of user-friendly online platforms and services—have fallen and “enabled consumers to produce and distribute their own pornography.” (Johannes Grenzfurthner, Gunther Friesinger and Daniel Fabry, Pronnovation: Pornography and Technological Innovation (San Francisco: Re Search, 2008), p 49.) (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)

• “The historically passive consumer has evolved into today’s active producer—a result not only of changing technology, but also of shifting

• “The majority of teens and young adults (63%) report receiving a nude image from someone else via text, email, social media or app. (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)

• “Self-pornification is a result of teens and young adults coming of age in an increasingly pornified American culture that ‘encourages and rewards the pornographic impulse.’” (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)

• “The fact that half of young adults estimate that ‘all’ or ‘most’ of their friends regularly look at porn, compared to only one-third of teens, supports this case.” (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)

• “…the morality of porn is rarely discussed or even considered.” (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)

• “Half of young adults (49%) and one-third of teens (32%) say all or most of their friends regularly view porn.” (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)

• “Short of total isolation, the American society you live in today is going to influence how your children make moral choices in one way or another. Stop and think about it. What are the voices of society telling your children about the choices they are about to make? What is the central theme that today’s culture emphasizes over and over again? If you were to reduce it to a single sentence, it might look like this: You have the right to choose for yourself what is right for you and what is wrong for you – and no one should judge that choice.” (Josh D. & Sean McDowell, The Beauty of Intolerance, p185) (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)

• “In 2015 you uploaded a video that draws a straight line between porn and human trafficking, pointing out the irony that Millennials fight sex trafficking more than any other generation—and they also consume more porn. (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of


4. “This inward-oriented search for truth or purpose also leads nine out of 10 adults to agree ‘the best way to find yourself is by looking within yourself’ (91%).” (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)


• “Another challenge is finding control groups—especially males—who have not previously engaged with porn.” (“A User’s Manual,” The Economist, September 26, 2015.)

  
  o “Just two out of five say porn use is a major (3%) or significant (35%) problem.” (David Kinnaman & Roxanne Stone, “The Porn Phenomenon – The Impact of Pornography in the Digital Age”, Barna Group, April 4, 2016, http://barna-resources.myshopify.com/products/porn-phenomenon)


“‘When I'm in class, I'll wish I was playing World of Warcraft. When I'm with a girl, I'll wish I was watching pornography, because I'll never get rejected,’ he explained. The brains of young men are actually becoming 'digitally rewired' by these new pastimes.” (“Porn and video game addicts risk ‘masculinity crisis’, says Stanford Professor”, RT Question More, May 10, 2015, https://www.rt.com/news/257269-porn-gaming-study-youth/)

The Entire Porn Epidemic document has 1,750 pages of documented research. Go to josh.org/epidemic to download free.
Why Do I Continue to Struggle?!?

19 Possible Motive-Triggers

for Pornography

By: Brad Hambrick

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Why? Why? Why?! This is a vexing question. As soon as you say “because…” you run the risk of blame-shifting. But in the absence of a “because…” it sounds like you should just be able to “Stop it!”

Part of this confusion begins with how we commonly view people. It is popular to think of ourselves as basically good people who apart from outside interference would not do bad things: act selfishly, betray, sacrifice more important things for less important things, or otherwise be foolish.

“The power of all temptation is the prospect that it will make me happier. No one sins out of a sense of duty (p. 334).”

John Piper in Future Grace

We are born twisted, broken, and out of order. We are born with a bent towards self and we experience life self-centeredly (trapped within our bodies; literally only seeing the world through our own eyes and interpreting it through our own experiences and desires). This does not mean that we cannot love. It does mean we must be both commanded and enabled to love God and love others because our sin-nature causes us to innately center on self.
Some would take this to mean that personal history (i.e.: experiences of abuse, rejection, failure, or neglect) is inconsequential to sexual sin. But this draws an unnecessary distinction between our sin nature and personal history. While we sin because we are sinners, our appetite for and bondage to particular sins have histories. Understanding these histories can enhance our ability to cooperate with or apply God’s power to change.

There are two truths you must keep in balance as you work through this material or you will fall into shame/despair or blame shifting. First, sin reveals our heart so we are responsible for our sin and change will require dying to self. Second, our heart has a history and God wants to do more than eliminate a sin; God wants to redeem your history by replacing lies with truth, despair with hope, and self with Him.

With that said, let’s begin to consider the relationship between motives (why we do what we do) and triggers (when we do what we do). Too often triggers and motives are treated as two distinct things, and there are differences. But those differences are more akin to two sides of the same coin than apples and oranges. In this article you will examine the things that trigger your sexual sin and the motives attached to those triggers.

As you identify the trigger-motive for your sexual sin, we also want you to begin to see how you are treating your sin like a friend, ally, refuge, etc… These insights are essential for repentance to make sense as a central part of change. Unless we see how our sin seeks to replace God in our life, then our need to be made right with God comes across as if God is unduly hung up about our sexuality.

“Your struggle with sexual addiction doesn’t start with your behavior. It begins with what you want, what you live for. (p.6).” David Powlison in Sexual Addiction.

1. Boredom (Sin as My Joy)
When boredom is our trigger to sexual sin, then sin has become our joy. When there is a moment to be filled with something of our choosing, we pursue sin to fill the void rather than God or any of His legitimate
pleasures. We begin to lose our appetite for godly pleasure like the child who eats sweets and stops wanting healthy food. Even as they feel sluggish from the ups and downs of sugary “treats” they fail to connect this to their diet but go instead for another sugar high as the “obvious” solution.

“Sex is not ultimate… Idols begin as good things to which we give too much importance, and few things slide over into idolatry with greater frequency or greater power than sex. We allow a good gift of God to supersede the God who gave it. Sex is good, even great, but it’s not ultimate (p. 61).”
Tim Challies in Sexual Detox

Read Nehemiah 8:9-12: God is a God of great joys and pleasure. Too often we view God as so serious that we believe “fun” must be in His opposite direction. When God called Israel to repentance through Nehemiah and Ezra, He asked them to express their repentance in celebration. If the motive of boredom leads you to sin, then allow this passage to challenge your view of God.

2. Loneliness (Sin as My Friend)
When loneliness is our trigger to sexual sin, then sin becomes our “friend.” Sexual sin is always relational whether the relationship is fictional or physical, so it fits loneliness well. It is as if our sin (a person, a chat room, or a video) calls to us, “Tell me your troubles.” We are glad to pull up a chair and unload. As we do, talking to a real person or one who is not part of our sin becomes too risky. We now fear being judged or known by anyone but our “friend.”

“It’s a perfect world that I can create. Things always go exactly my way. People do exactly what I want. I’m always on top. Fantasy is a great ego-feeder (p. 19).” Anonymous testimony in David Powlison’s Pornography: Slaying the Dragon.

Read Proverbs 27:6: During sexual sin we write this proverb backwards. We believe, “Faithful are the kisses of any enemy; profuse are the wounds of a friend.” When sin reverses the roles of friend and enemy, it has trapped us until we return the right labels to the people in our lives. If the motive of loneliness leads you to sexual sin, then prayerfully examine who or what you are calling “friend.”
3. Stress (Sin as My Comforter)  
When stress is our trigger to sexual sin, then sin becomes our comforter. We run to it, her, or him. Sin or our adultery partner makes things better (at least as long as it, she, or he remains hidden and keeps us to themselves). Yet the comfort takes on an addictive quality. The stress from which we are relieved is multiplied by the stress it, she, or he creates. This keeps us in a cycle of stress and returning to a primary source of stress for relief.

“We crave intimacy at a relational level. We feel lonely. But we also fear intimacy. We’re not sure we can attain it or be vulnerable enough to handle it (p. 47).” Tim Chester in *Closing the Window*

Read John 14:25-31: Jesus describes the Holy Spirit as “the Helper” or “the Comforter” (v. 26) and as the source of peace that is distinct from the world’s peace which always returns us to fear (v. 27). If a source of comfort does not allow you to be more real with more people, then it is not true comfort. It is a drug that numbs you before it makes you sick. If the motive of stress leads you to sexual sin, then examine whether your “comfort” is real or a form of relational self-medication.

4. Frustration (Sin as My Peace)  
When frustration is our trigger to sexual sin, then sin becomes our source of peace. Sin is treated as an “oasis.” When this happens we label sin as our “safe place” as compared to the parts of life that are upsetting. This makes sin our friend and anyone or anything that opposes or interferes with our sin our enemy.

Read Romans 16:17-20 and 1 Thessalonians 5:22-24: Notice that each of the passages refer to knowing the God of peace as the alternative to falling into temptations based upon deceitful desires. Where you turn for peace from what frustrates you is the determining variable of their character. Once you declare something or someone as the source of your peace, you will be loyal to and obey it.

5. Fatigue (Sin as My Source of Life)  
When fatigue is our trigger to sexual sin, then sin becomes our source of life. We turn to sin as our boost to get through the day. The thought of our sin
keeps us going when we feel like giving up. The adrenaline of sexual satisfaction (physical or romantic) becomes a drug that we use to artificially stimulate ourselves and one that we begin to wonder whether we could live without.

Read 2 Corinthians 4:7-18: This passage uses many words that can be synonyms for fatigue: afflicted (v. 8), perplexed (v. 8), persecuted (v. 9), struck down (v. 9), and wasting away (v. 16). Fatigue can make you feel alone and sexual sin becomes your life giving companion. Paul says that it is only Christ who can be the life in us that counters the fatiguing death around us (v. 10-12). To doubt this truth reveals that we are believing (or at least listening attentively to) lies.

6. Hurt (Sin as My Refuge)
When hurt is our trigger for sexual sin, then sin becomes our refuge. In our moments of sinful escape we feel protected from life and a growing allegiance develops towards our sin. In actuality our sexual sin provides as much protection as a child pulling the covers over his/her head, but in our moment of hurt we are appreciative for even the pseudo-refuge of sin compared to the perceived absence of any other refuge.

Read Psalm 31: This Psalm alternates between a cry for help and a song of confidence. In this the Psalm reveals the realness with which Scripture speaks to life. Sexual sin is a pseudo-refuge on demand. Even when we cannot have the sin, we can fantasize about his/her presence. However, the real refuge of God is available through the same type of prayerful-meditative exercise as our fantasy, but is able to actually deliver us through the guidance of Scripture, the presence of His Spirit, and the involvement of His people.

7. Betrayal (Sin as My Revenge)
When betrayal is our trigger for sexual sin, then sin becomes our revenge. We know how powerful betrayal is (especially sexual betrayal), so we decide to use its power for our purposes to avenge those who have hurt us. Blinded by pain we try to use pain to conquer pain but it only multiplies pain. We continue this potentially infinite domino train that pummels us with alternating experiences of betrayal’s pain and betraying’s shame in spite of knowing how it
perpetuates pain.

Read Romans 12:17-21: It is so tempting to read this passage as God “holding you back” from sweet relief and satisfaction. But, in reality, it is God “holding you back” from turning another’s betrayal into self-destruction. God is not removing vengeance. God is simply saying He is the only one who can handle its power without being overcome by it. Sin can never conquer sin, any more than oil can remove a stain from your clothes. It is foolish to believe that your sexual sin could do what only Christ’s death on the cross could do – bring justice to injustice.

8. Bitterness (Sin as My Justice)
When bitterness is our trigger for sexual sin, then sin becomes our justice. If sin as revenge is fast and hot, then sin as justice is slow and cold. No longer are we seeking to hurt another by our actions; now we are merely nursing our wound. If we tried to explain our sin in words, we would have to say we believed our sin had some healing power. But because that seems foolish, we are more prone to just excuse our sin by the sin done to us.

Read Hebrews 12:15-17: In this passage a “root of bitterness” is directly linked to sexual sin (v. 16). When bitterness distorts our perspective we will trade things of great value (our integrity and/or family unity) for things of little value (a sexual release or fantasy briefly brought to life) like Esau who sold his birthright for a bowl of soup.

9. Opportunity (Sin as My Pleasure)
When opportunity is our trigger for sexual sin, then sin becomes our pleasure. Often sexual sin requires no more trigger than time alone with a computer, a free moment to text, or an available member of the opposite sex to “talk” (i.e.: flirt or allow to carry my burdens). When this is the case, sexual sin has become our default recreation; our preferred hobby. The more our sexual sin seeps into the common parts of life the more pervasive the lifestyle and heart changes necessary to root it out.

“The reality is that often we dislike the shame and consequences of sin, but we still like the sin itself… That’s
because porn is pleasurable. Let’s be honest about that. If we pretend otherwise, we’ll never fight it successfully. People like watching porn—otherwise they wouldn’t watch. The Bible talks about the pleasures of sin. They’re temporary. They’re dangerous. They’re empty pleasures, compared with the glory of God. But they are pleasures, nonetheless (p. 15)."

Tim Chester in Closing the Window

Read Philippians 3:17-21: Paul is addressing those whose “god is their belly” (v. 19). These are people whose basic appetites, the mundane parts of their life, were at odds with God. Paul wept at the thought of people in this condition (v. 18). Chances are they had become so comfortable serving their appetites that it would seem odd that Paul was crying for them and “radical” to change. If mere opportunity has become a primary trigger for you sin, let this passage shock you awake!

10. Rejection (Sin as My Comfort)
When rejection is our trigger for sexual sin, then sin becomes our comfort. Our culture has made things done from a “fear of rejection” seem neutral; as if the defensive motive negated the badness of sin; as if we become the victim of our own sin when we fear rejection. The problem with a fear of rejection is that it makes us foolish. Only the fear of the Lord can make us wise (Prov. 1:7). When we react from a fear of rejection, we naturally seek the comfort of people rather than the comfort of God.

“Once we understand that the primary goal of sexually addictive behavior is to avoid relational pain—essentially, to control life—we can begin to uncover the core problem (20)... Several tiers below the surface is a pervasive, integral force that demands the right to avoid pain and experience self-fulfillment. This self-centered energy is the very essence of what the Bible calls ‘sin’ (p. 24).”

Harry Schaumburg in False Intimacy

Read Proverbs 29:25: Scripture calls the “fear of rejection” the “fear of man.” It is not innocent because it replaces God as the One for whose approval we
live. It is the values, character, and preferences of the one we fear that influence our decisions, emotions, morality, and instinctive responses. If rejection is your primary motive for sexual sin, allow this passage to challenge the orientation of your life.

11. Failure (Sin as My Success)
When failure is our trigger for sexual sin, then sin becomes our success. In the fantasy world of sexual sin (porn, romance media, or adultery), you always win. You get the girl. You are the beauty who is rescued. No part of real life can compete with the early success rate of sin. Sin pays up front and costs in the back. Real success costs up front and pays in the back. In healthy marriages sacrifice is a primary part of the joy. As you give into sexual sin as a form of success it will drive you to desire the kinds of successes that destroy a family. Even if the adultery relationship is made permanent, it will then become "real" enough that it will no longer play by your preferred rules of success.

Read Matthew 21:28-32: Why would the second son say, “I go, sir” and not do the assigned task (v. 30)? One potential reason is the fear of failure. Doubtless he would then view his father as upset with him and feel closer to someone who only asked of him what he wanted to do (i.e., porn, romantic media, or adultery partner). Using sexual sin as cheap success results in harming real relationships, lying, defensiveness towards being “judged,” and retreating to unhealthy or fictitious relationships. Rather than grading others by how they make you feel, repent of your fear of failure.

12. Success (Sin as My Reward)
When success is our trigger for sexual sin, then sin becomes our reward. Has your sexual sin become what you do when you need a break or what you have “earned” after completing something difficult? Has your sexual sin become the carrot you dangle in front of yourself in order to maintain motivation? When sin becomes our reward we feel cheated by repentance. God and anyone who speaks on His behalf becomes a kill-joy.

Read Hebrews 11:23-28: Moses was faced with a choice between which reward he believed would be most satisfying: the treasure of Egypt or the...
privilege of being God’s servant (v. 26). Sexual sin gives us a similar reward choice: easy treasure or humble servant. Unless Christ is our hero and God our admired Father, then the choice seems like a no-brainer in the direction of destruction.

13. Entitlement (Sin as My Deserved)
When entitlement is our trigger for sexual sin, then sin becomes what we deserve. When you are confronted with your sexual sin, do you think or say, “How else am I going to get what I need... deserve... earned?” Can you see how sexual sin has become your measure for a “good day” and whether someone is “for” or “against” you? Are you willing to allow anyone other than Christ who died for the sin you are trying to squeeze life out of to be the measure of “good” in your life?

Read Jeremiah 6:15 and 8:12: The people of God had lost their ability to blush at sin. Why? One possible explanation (that can explain our inability to blush even if it doesn’t apply to them), is they believed they deserved their sin. When this happens, we believe we know better than God. We believe the unique features of our life trump the timeless truths of God’s created order. Our confidence to debate robs us of the humility necessary to blush.

14. Desire to Please (Sin as My Affirmation)
When the desire to please is our trigger for sexual sin, then sin becomes our affirmation. It is easy to please a porn star or an adultery partner. They have a vested interest in being pleased. The entire relationship is based upon commerce (“the customer is always right”) or convenience (“if I am not pleasing to you, you have somewhere else to return”) rather than commitment (“I choose you unconditionally and faithfully in good times and in bad”). Too often sexual sin becomes a place of escape when we don’t feel like we can make everyone/anyone happy.

Read Ephesians 4:25-32: Notice that the type of relational interaction described in these verses is incompatible with an overly strong desire to please others. We cannot live the life God called us to (regardless of whether we are sinning sexually or not) if our driving desire is the affirmation of others. Our conversation must be gracious and good for building
up (v. 29), but that assumes that we are willing to speak into areas of weakness with those we love.

15. Time of Day (Sin as Pacifier)
When time of day is our trigger for sexual sin, then sin becomes our pacifier. Do you use your sexual sin to help you sleep, get the day started, serve as a pick-me-up, fight boredom, or kill dead time? What are the common times of day or week when you struggle with sexual sin? When has your sexual sin become routine?

Read I Timothy 4:7-10: When you use sin as a pacifier you are training yourself for ungodliness (contra. v. 7). Often, because these occurrences happen during down times or transitions of our day, we view these occurrences of sin as less bad. We view them more like a child who is still sucking his/her fingers rather than a child who is defying a parent’s direct instruction. If disciplining ourselves for godliness means anything, it must be relevant when we feel undisciplined.

16. Location (Sin as My Escape)
When location is our trigger for sexual sin, then sin becomes our escape. The fantasy nature of all sexual sin makes it a perfect escape from an unpleasant location. We can “be there” and “not be there” at the same time. We get credit for attendance (or at least avoid the discredit of absence) without having to attend. We can mentally be with our lover while enduring the boring meeting, stressful kids, uninteresting spouse, lonely apartment, or other unpleasant setting.

Read Psalm 32: Notice that the Psalm begins talking about an unpleasant place or time (v. 1-5). But rather than escaping, David ran to God (v. 7) and found the joy you are seeking (v. 10-11). When we escape through sexual fantasy we are using our fantasy as a substitute God. We are, in effect, praying to and meditating on our sin during a time of hardship seeking deliverance.

17. Negative Self-Thoughts (Sin as My Silencer)
When negative self-thoughts are our trigger for sin, then sin becomes our silencer. In sexual fantasy (porn, romance media, or adultery partner), we are always desired and see ourselves through the eyes of the
one desiring us. We give ourselves to them not just physically but also imaginatively. Because we know the relationship is short-lived we are willing to do this. If the relationship were permanent the power of silencing-effect would be diluted over the expanse of time and contradicted by our growing number of failures in his/her presence.

**Read Psalm 103:** Sin will never do (or even a healthy human relationship) what only God can do. The ultimate “Peace, be still” to our negative self-thoughts is Christ’s death on the cross – affirming that we were as bad as we thought, but replacing our deficiency with His righteousness. Sexual sin provides fantasy righteousness. It provides the kind of covering mocked in the classic children’s book *The Emperor’s New Clothes*.

**18. Public (Sin as My Carnival)**
When public is our trigger to sexual sin, then sin becomes our carnival.

We walk through life like a kid at an amusement park: gawking at every person we see like a new ride or romantic adventure, making a clownish sexual innuendo out of every comment, or treating everything present as if it existed to entertain us and stimulate us sexually. Our private thoughts of fantasy become fueled by a hyper-sexualized interpretation of our surroundings.

“The act of looking at porn is itself part of the succor it purports to offer. I can search for women who are available to me. I can choose between them like some sovereign being. It offers a sense of control (p. 50).” Tim Chester in *Closing the Window*

**Read Romans 1:24-25:** Can you hear in the description of sex as carnival what it means to have “exchanged the truth about God for a lie and worshiped and served the creature rather than the Creator (v. 25)?” God will give us over to this kind of lustful heart (v. 24). This is why a radical amputation of sin is a necessary and wise response to prevent sexual sin from becoming our carnival (Matt 5:27-30).

**19. Weakness (Sin as My Power)**
When weakness is our trigger to sexual sin, then sin becomes our power. The stimulation (both the physical and chemical changes associated with arousal) of sexual sin gives a façade of strength. Having another person delight in you also provides a veneer of significance. As with most of these motives/triggers, sex becomes a means to an end. Sex is no longer an expression of love but an attempt to gain something. That is always a recipe for dysfunctional, unsatisfying sex.

“My pastor has preached that the primary issue in adultery is that you want someone else to worship you and serve you, to be at your beck and call. That resonated with me. I could see that theme in my fantasies (p. 15).” Anonymous testimony in David Powlison’s Pornography: Slaying the Dragon.

Read 2 Corinthians 11:30: Are you willing to boast (verbally put on public display) your weakness as a way to make Christ more known and live in more authentic relationships? That is the only freedom that will allow you to enduringly enjoy what you are seeking in sexual sin.

If that sounds backwards to you read what Paul said in his first letter to the Corinthians (1:20-25) and ask yourself if your “wisdom” is getting you closer or farther from where you want to be.

NEXT STEPS

List and rank the top five motives/triggers for your sexual sin.

1. __________________________________________________
2. __________________________________________________
3. __________________________________________________
4. __________________________________________________
5. __________________________________________________

“Porn is always about a symptom of deeper issues. It’s about lust, but it’s also about anger, intimacy, control, fear, escape, and so on. Many of these problems will show up in other areas of a person’s life (p. 109).” Tim Chester in Closing the Window

For some people the motive for their sexual sin will be very
self-evident. Maybe you could quickly pick out the motive-triggers that deceive you into believing sin is “worth it” or will “work out” this time. For others, it requires reflection in the moment of temptation to discern what is luring them. If this is you, use the journaling tool* from the False Love: Overcoming Sexual Sin from Pornography to Adultery seminar that is designed to help you understand your motives.

The value in understanding the motive for our sin is that it allows us to hear to the empty promises sin makes so that we can turn to our loving Heavenly Father who is willing and able to fulfill those promises. I hope this article has helped you see the emptiness of sin so that you are prepared to embrace the fullness of God in the gospel.

End Note: If you are married, then your spouse also needs care and guidance as you work through False Love study. The True Betrayal: Overcoming the Betrayal of Your Spouse’s Sexual Sin is a complementing study for your spouse.

Visit BradHambrick.com for more helpful resources.


(Brad Hambrick, “Why Do I Continue to Struggle?!? 19 Possible Motive-Triggers for Pornography”)

The Entire Porn Epidemic document has 1,750 pages of documented research. Go to josh.org/epidemic to download free.
PURE DESIRE RECOVERY RESOURCES
Puredesire.org

FOR WOMEN STRUGGLING WITH BETRAYAL ISSUES:
• Betrayal & Beyond I, II, and III

FOR WOMEN STRUGGLING WITH SEXUAL ADDICTION OR LOVE ADDICTION:
• 8 Pillars Workbook I and II

FOR YOUNG WOMEN (AGES 13-25):
• Behind the Mask.

FOR MEN STRUGGLING WITH SEXUAL ADDICTION:
• The Conquer Series DVD Set
• The Conquer Series Study Guide
• Seven Pillars of Freedom

FOR MEN (AGES 18-28):
• Living Free

FOR YOUNG MEN (AGES 13-17):
• Top Gun

FOR MEN STRUGGLING WITH BETRAYAL ISSUES:
• Hope for Men

FOR STRUGGLING PASTORS, THE ABOVE APPROPRIATE RESOURCES PLUS:
• The PD University
• The Conquer Series
• Setting Us Free
• The Forgiveness Factor
• The Silent Battle
• Exposed

PLEASE VISIT PUREDESIRE.ORG/STORE TO FIND THESE RESOURCES AND MORE
One Angry Girl®’s Handy Comebacks for Short Arguments – Seventeen One-Liners for the Most Common Pro-Porn Myths

1. “They say: Porn/Prostitution have always been around, they always will be, so what’re you gonna do? You say: Rape, murder, and incest have always been around too. Should we be okay with those things?

2. “They say: My partner and I both enjoy using porn, so what’s the problem? Who’s getting hurt?” You say: Some people like to wear fur coats or eat veal. Your enjoyment of a product does not erase the suffering that went into creating that product.”

3. “They say: Ok, well not everyone who uses porn becomes a rapist/addicted/fucked-up. You say: Not everyone who smoke cigarettes gets lung cancer, and cigarettes still come with warning labels.”

4. “They say: If you hate porn, just don’t watch it. You say: That’s like saying if you hate air pollutions, don’t breathe. I’m surrounded by porn everywhere I go whether I like it or not. Where’s my free choice not to see it?”

5. “They say: Pornography and prostitution are different. You say: Not really, pornography is just prostitution plus a camera.”

6. “They say: Porn has always existed. Look at Pompeii. You say: Three wall painting in Pompeii do not compare to the multi-billion-dollar global industry we have today. That’s like comparing a cavemen’s smoke signals to the iPhone.”

7. “They say: I’ve watched porn and I’ve never raped anyone. You say: I guess you are arguing that words and images paired together do not have the power to influence human behavior. If that is your argument, then kindly explain: (1) the multi-billion-dollar industry called ‘advertising’ (2) kids learning their ABCs from Sesame Street
(3) people learning to make a meal by watching Martha Stewart (4) public service announcements telling us not to drink and drive.”

8. “They say: Strippers are empowered. You Say: If they’re so powerful, then why do strip clubs have security guards protecting the dancers? OR: Why do women working bachelor parties have to take security with them? OR: How is it empowering for women to give men exactly what they’ve come to expect from us? OR: How is it empowering to grovel and compete for male attention and cash … like a trained seal doing flips in a tank to get his fish reward?”

9. “They say: Porn-stars and strippers are celebrating their sexuality. You say: Why does celebrating your sexuality always seem to happen in public for strangers and a paycheck? Does anyone ever get to celebrate their sexuality in private with their partner?”

10. “They say: But they’re enjoying themselves. You say: If they enjoy it so much, then they would be willing to do it for $7.50 per hour. OR: Women in porn are often screaming with joy, but sometimes they are also screaming in pain. Which should we believe? If their pleasure is real, and not faked, then their pain is also real, and not faked. OR: One Jenna Jameson got very powerful in the industry, she began refusing to do scenes involving anal sex. This suggest to me that she doesn’t actually enjoy anal sex. Yet I’m sure if you investigate her earlier movies, you can probably find a scene or two where she is appearing to enjoy it. Why? It’s called acting”

11. “They say: Nobody is forcing them to do it. It’s their choice. You say: The word ‘choice implies that there was at least one other viable option available. What was their other option?”

12. “They say: OK, maybe some of the women in porn didn’t freely choose their careers, but lots of them did. You say: If you have a comprehensive research survey of all current and former porn workers, I’d love to see it. There isn’t one available. However, there are major studies involving prostitutes around the world, which found
that 90% of them wanted out immediately, but didn’t have the resources.”

13. “They say: You just hate sex. You say: Porn is not sex, but a distorted, for sale, fictionalized version of sex. If I told you I don’t eat at Burger King, would you tell me I hated food? OR: I like sex just fine. But I prefer to have sex only with someone I actually know and like, for free, in private with no strangers watching. Why is that weird to you?”

14. “They say: You’re just jealous because you’re not as pretty as a porn star. You say: Even porn-stars don’t look like their original selves. After a few rounds of surgery, a dye job, and some makeup I could look exactly like them.”

15. “They say: You’re just jealous because men like them better than you. You say: It’s been successfully proven that just about any naked woman can get any straight man’s attention pretty quickly. It’s not hard to do, and it doesn’t make you special.”

16. “They say: The women in the industry make more money than men, therefore it’s empowering to them. You say: It’s true that pornography and prostitution are the only industries where a woman can out-earn her male counterparts. What does that say about our economy, or about women’s power, that the only way for a woman to out earn a man is to get naked and fuck strangers?”

17. “They say: You want to censor all porn! You say: I haven’t ever mentioned censorship, which doesn’t address demand for porn. You’re saying that to shut me up, and it won’t work.”

(“One Angry Girl®’s Handy Comebacks for Short Arguments – Seventeen One-Liners

The Entire Porn Epidemic document has 1,750 pages of documented research. Go to josh.org/epidemic to download free.
for the Most Common Pro-Porn Myths”

## RESOURCES

### SEMINARS/WORKSHOPS

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<td>• Conferences</td>
<td>aacc.net</td>
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<td>2. Association of Biblical Counselors</td>
<td>• Equips church leaders, pastors, lay counselors</td>
<td><a href="http://www.christiancounseling.com">www.christiancounseling.com</a></td>
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<td>3. Authentic Intimacy</td>
<td>• Conferences</td>
<td>authenticintimacy.x362.com</td>
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<td>4. Awaken Recovery</td>
<td>• Equips church leaders, pastors, lay counselors – develop ministry plan</td>
<td><a href="http://www.awakenrecovery.com">www.awakenrecovery.com</a></td>
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<td>5. Bethesda Workshops</td>
<td>• Healing from sexual addiction</td>
<td><a href="http://www.bethesdaworkshops.org">www.bethesdaworkshops.org</a></td>
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<td>6. Biblical Counseling Center</td>
<td>• Trains to care for the hurting and their spouse</td>
<td><a href="http://www.biblicalcounselingcenter.org">www.biblicalcounselingcenter.org</a></td>
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<td>7. Biblical Counseling Coalition</td>
<td>• The Pastor and Counseling Workshop</td>
<td><a href="http://www.biblicalcounselingcoalition.org">www.biblicalcounselingcoalition.org</a></td>
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<td>8. Brave Hearts</td>
<td>• Michael Leahy, speaker</td>
<td><a href="http://www.bravehearts.org/">http://www.bravehearts.org/</a></td>
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<td>9. Center for Parent/Youth Understanding</td>
<td>• Pornography and Your Kids: What You Need to Know and What You Need to Do</td>
<td><a href="http://www.cpyuresourcecenter.org">www.cpyuresourcecenter.org</a></td>
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<td>10. Christian Counseling and Education Foundation</td>
<td>• National Conferences w/ workshops for counseling in ministry</td>
<td><a href="http://www.ccef.org">www.ccef.org</a></td>
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<td>11. Christian Family Services Ministry</td>
<td>• The Scourge of Pornography (for leaders)</td>
<td><a href="http://www.christianfamilyservice.com">www.christianfamilyservice.com</a></td>
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<td>12. Coalition to End Sexual Exploitation</td>
<td>• Coalition to End Sexual Exploitation Summit</td>
<td><a href="http://endexploitationmovement.com/">http://endexploitationmovement.com/</a></td>
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<td>13. Dads</td>
<td>• Seminars / Conferences to help men break free with Steve Wood</td>
<td><a href="http://www.dads.org">www.dads.org</a></td>
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<td>15. Elevate Youth</td>
<td>• Speakers</td>
<td><a href="http://www.elevateyouth.org/">http://www.elevateyouth.org/</a></td>
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<td>16. ENC Stop Human Trafficking Now</td>
<td>• Anti-Human Trafficking Meetings</td>
<td><a href="https://encstophumantrafficking.org">https://encstophumantrafficking.org</a></td>
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| 17. Every Man Ministries | • Father Factor  
• Ignite  
• Sweet Spot  
• Connecting with your Wife (coming soon) | www.everymanministries.com |
| 18. Explicit Content | • Events | http://explicit-content.net/ |
| 19. Faithful & True | • Man of Valor | www.faithfulandtrue.com |
| **20. Fight the New Drug** | • Live presentation | www.fightthenewdrug.org |
| 21. First Baptist Church at the Mall (Jay Dennis) | • 1 Million Men – pastor and leader training | www.churchatthemall.com |
| 22. Forgiven Much Ministries | • Training for pastors/leaders and those struggling | www.forgivenmuchministries.org |
| 23. Gateway to Freedom | • 3-day workshops for those struggling | www.gateway.com  
www.gatewaymen.com |
| 24. Genesis Counseling | • Training for pastors/leaders | www.joedallas.com |
| 25. Growing Leaders | • Coaching, mentoring, supporting leaders | www.lastingleaders.com |
| 26. Healing Sexual Hurt | • Dr. Sam Serio (speaker) | http://www.healingsexualhurt.com/ |
| 27. IITAP (International Institute for Trauma & Addiction Professionals) | • Conferences for pastors/leaders and those struggling | www.sexhelp.com |
| 28. Integrity Restored | • Clergy Intensive Training  
• Diocesan Symposiums  
• Parish Workshops  
• School/Parent Workshops  
• Corporate Events | http://integrityrestored.com/ |
<p>| 30. Life Enrichment | • Teaching ministry to | <a href="http://www.carolclemans.org">www.carolclemans.org</a> |</p>
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• Designed to help those directly involved and those indirectly affected like partners and parents  
By Phil Poshel  
www.loveismore.eu/coarse |  |
| **32. Moral Revolution**   | • Events  
http://moralrevolution.com/ |  |
| **33. New Life**           | • Every Man’s Battle – pastor/leader training  
• Women in the Battle workshop  
www.newlife.com |  |
| **34. One By One**         | • Conferences for pastors/leaders and those struggling  
www.oneby1.org |  |
| **35. One Million Men**    | • Our Hard Core Battle Plan  
www.join1millionmen.org |  |
| **36. Power of Purity**    | • Conference  
http://powerofpurity.org/ |  |
| **37. Pure Coaching**      | • Conferences for pastors/leaders and those struggling  
www.puritycoaching.com |  |
| **38. Pure Desire**        | • Conquer Series – pastor/leader training  
• Pure Desire University Leadership Training Conference  
www.conquerseries.com  
www.puredesire.com |  |
| **39. Pure Integrity**     | • Bernie Anderson, speaker  
www.bernieanderson.org |  |
| **40. Restoring the Soul** | • Workshop for porn addiction  
www.restoringthesoul.com |  |
| **41. SAFE Families**      | • Pastoring Porn Addicts Workshop  
• 7 Steps for Pastoring Someone with Porn Addiction  
www.safefamilies.org |  |
| **42. Sexual Sanity**      | • Conferences for pastors/leaders and those struggling  
www.sexualsanity.com |  |
| **43. Summit Counseling Training** | • Conferences for pastors/leaders and those struggling  
www.bradhambrick.com |  |
| **44. The Center for Internet and** | • Dr. David Greenfield – training professionals  
www.virtual-addiction.com |  |
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<th>45. The Porn Effect • Presentation with Matt</th>
<th><a href="http://theporneffect.com/">http://theporneffect.com/</a></th>
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<td>46. Ultimate Escape (Teens) • Event</td>
<td><a href="http://www.ultimateescape.org/teens">http://www.ultimateescape.org/teens</a></td>
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<td>47. Vicki Tiede • Vicki Tiede, speaker</td>
<td><a href="http://www.vickitiede.com/">http://www.vickitiede.com/</a></td>
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<td>48. Willow Tree Counseling • Conferences for pastors/leaders and those struggling</td>
<td><a href="http://www.willowtreesantarosa.com">www.willowtreesantarosa.com</a></td>
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**VIDEOS**

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<td>• Internet Safety 101 DVD series</td>
<td><a href="http://www.Enough.org">www.Enough.org</a></td>
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<td>2. Every Man Ministries</td>
<td>• Sex, Love, Date Sleeping Giant • Video Sermons/Series</td>
<td><a href="http://www.everymanministries.com">www.everymanministries.com</a></td>
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<td>3. Fight the New Drug</td>
<td>• Fortify: video-based online recovery for teens and adults</td>
<td><a href="http://www.fightthenewdrug.org">www.fightthenewdrug.org</a></td>
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<td>4. Heart to Heart Counseling Center</td>
<td>• Marriage Mondays</td>
<td><a href="http://drdougweiss.com/">http://drdougweiss.com/</a></td>
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<td>5. L.I.F.E. Recovery International</td>
<td>• Video library on multiple topics</td>
<td><a href="http://www.freedomeveryday.org">www.freedomeveryday.org</a></td>
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<td>6. Love is More</td>
<td>• Leaving Pornography Behind</td>
<td><a href="http://www.loveismore.eu">www.loveismore.eu</a></td>
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<td>7. Moral Revolution</td>
<td>• Let’s Talk about Sexuality</td>
<td><a href="http://moralrevolution.com/">http://moralrevolution.com/</a></td>
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<td>8. New Life</td>
<td>• Every Young Man’s Battle • Healing is a Choice • New Life Perspectives</td>
<td><a href="http://newlife.com/">http://newlife.com/</a></td>
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<td>9. Pure Desire</td>
<td>• Pure Desire Leadership Training DVD • Betrayal and Beyond Starter Kit • Conquer Series • Sexy Christians</td>
<td><a href="http://www.conquerseries.org">www.conquerseries.org</a> <a href="http://www.puredesire.com">www.puredesire.com</a></td>
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<td>10. Pure Hope</td>
<td>• Quest</td>
<td><a href="http://purehope.net/">http://purehope.net/</a></td>
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<td>11. The Center, A place of Hope</td>
<td>• Navigating Technology Pitfalls with your Children</td>
<td><a href="https://www.aplaceofhope.com">https://www.aplaceofhope.com</a></td>
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<td>13. Pure Coaching</td>
<td>• 21-Day Purity Jump Start</td>
<td><a href="http://www.puritycoaching.com">www.puritycoaching.com</a></td>
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<td>15. The Freedom Fight</td>
<td>• The Freedom Fight</td>
<td><a href="http://www.thefreedomfight.org">www.thefreedomfight.org</a></td>
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<tr>
<td>17. Heart to Heart Counseling Center</td>
<td>• Videos on many different topics</td>
<td>[<a href="http://www.dr">www.dr</a> dou gweiss.com](<a href="http://www.dr">http://www.dr</a> dou gweiss.com)</td>
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<td>18. Restoring the Soul</td>
<td>• 30 minute video episodes each Monday – Michael John Cusick</td>
<td><a href="http://www.restoringthesoul.com">www.restoringthesoul.com</a></td>
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<td>19. Summit Counseling Training</td>
<td>• False Love: Overcoming Sexual Sin from Pornography &amp; Adultery • True Betrayal: Overcoming the Betrayal of Your Spouse’s Sexual Sin</td>
<td>[<a href="http://www.b">www.b</a> rad hambrick.com](<a href="http://www.b">http://www.b</a> rad hambrick.com)</td>
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<td>20. Forgiven Much Ministries</td>
<td>• Core Issue: Addiction Recovery</td>
<td><a href="http://www.forgivenmuchministries.com">www.forgivenmuchministries.com</a></td>
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<td>21. One Million Men</td>
<td>• Pink Elephant Resources</td>
<td><a href="http://www.join1millionmen.org">www.join1millionmen.org</a></td>
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<td>22. The Porn Effect</td>
<td>• Online videos by Matt Fradd</td>
<td><a href="http://www.theporneffect.com">www.theporneffect.com</a></td>
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<td>23. Vicki Tiede</td>
<td>• Online videos for wives of men addicted to porn</td>
<td><a href="http://www.vickitiede.com">www.vickitiede.com</a></td>
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<td>24. Abundant Redemption</td>
<td>• Online study course for wives of men addicted to porn</td>
<td><a href="http://www.abundantredemption.net">www.abundantredemption.net</a></td>
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**BOOKS, AUDIOS, EBOOKS**

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<td>2. Anne Marie Miller</td>
<td>• Five Things Every Parent Need to Know about their Kids and Sex</td>
<td><a href="http://www.annemariemiller.com/">http://www.annemariemiller.com/</a></td>
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<td>3. Archibald Hart</td>
<td>• The Sexual Man</td>
<td><a href="http://www.thomasnelson.com/the-sexual-man">www.thomasnelson.com/the-sexual-man</a></td>
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<td>4. Authentic Intimacy</td>
<td>• What kind of love are you making? • Pulling Back the Shades • 25 Questions you’re afraid to ask about love, sex, and intimacy</td>
<td>authenticintimacy.x362.com</td>
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<td>5. Barbara Steffens &amp; Marsha Means</td>
<td>• Your Sexually Addicted Spouse</td>
<td><a href="http://www.drbarbarasteffens.com">www.drbarbarasteffens.com</a></td>
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<td>6. Be Broken Ministries</td>
<td>• eCourse • eBooks • Books • DVDs • 40 Day Recovery Program • Chaos Compass Smartphone App • Pure Sex Radio</td>
<td><a href="http://www.2bebroken.com">www.2bebroken.com</a></td>
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<td>7. Beggar’s Daughter</td>
<td>• Books • audio • video</td>
<td><a href="http://www.beggarsdaughter.com">www.beggarsdaughter.com</a></td>
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<td>10. Bill Perkins</td>
<td>• When Good Men are Tempted</td>
<td><a href="http://www.zondervan.com/when-good-men-are-tempted">www.zondervan.com/when-good-men-are-tempted</a></td>
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<td>11. Blazing Grace</td>
<td>• Videos • Books • Radio</td>
<td><a href="http://www.blazinggrace.org">www.blazinggrace.org</a></td>
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• Audio  
• Workbooks  | www.ccef.org                                                                 |
| 15 | Cindy Beall           | • Healing Your Marriage When Trust is Broken: Finding Forgiveness and Restoration | www.cindybeall.com                            |
| 16 | Covenant Eyes         | • Internet accountability  
• eBooks  | www.covenanteyes.com                                                          |
| 17 | Craig Gross           | • Open  | www.everymanministries.com                                                   |
| 18 | Crosswalk             | • Video  
• Web Articles  | www.crosswalk.com                                                             |
| 19 | Dads.org              | • The Call of God the Father  
• How to build a Legacy of Faith in your Family  | Dads.org                                     |
| 20 | Debra Laaser          | • Shattered Vows  | www.faithfulandtrue.com                                                       |
| 21 | Dennis Frederick      | • Conquering Pornography: Overcoming the Addiction  | www.discerninghearts.com                     |
| 22 | Destiny Rescue        | • Church Pack  | www.destinyrescue.org                                                         |
| 23 | Dirty Girls Ministries | • 90 Days to Wholeness  
• Dirty Girls come clean  | http://dirtygirlsministries.com/                                                   |
| 24 | Donna Rice Hughes     | • Kids Online: Protecting Your Kids in Cyberspace  | www.Enough.org                                |
| 25 | Dr. Doug Weiss        | • Clean: A Proven Plan for Men Committed to Sexual Integrity  | http://drdougweiss.com/                      |
| 26 | Dr. Harry Schaumberg  | • False Intimacy  
• Undefiled  | www.stonegateresources.com                                                    |
| 27 | Dr. Judith Reisman    | • Kinsey, Sex and Fraud  
• “Soft Porn” Plays Hardball  
• Kinsey: Crimes and Consequences  | http://www.drjudithreisman.com/                                                      |
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| **28. Dr. William Struthers** | • Wired for Intimacy: How Pornography Hijacks the Male Brain  
• The Effects of Porn on the Male Brain  
Available at www.amazon.com |
| **29. Educate and Empower Kids** | • 30 Days to a Stronger Child  
• How to Talk to your Kids about Pornography  
• 30 Days of Sex Talks series  
http://educateempowerkids.org/ |
| **30. Elevate Youth** | • DVD  
• Stripped (book)  
www.elevateyouth.org |
| **31. Enough is Enough** | • Kids Online  
• Internet Safety 101 Workbook  
Enough.org |
| **32. Every Man Ministries** | • Get Strong Products  
• Get Healthy Products  
www.everymanministries.com |
| **33. Faithful & True** | • DVD  
• Books  
• Healing Wounds of Sexual Addiction  
• Radio  
• Phone apps  
www.faithfulandtrue.com |
| **34. Fight the New Drug** | • eBook: The Guideline: A Parent’s Guide to Addressing Pornography with Children  
• eBook: Harmful Effects of Pornography: 2016 Reference Guide  
www.fightthenewdrug.org |
| **35. Fred & Brenda Stoeker** | • Every Heart Restored: A Wife’s Guide to Healing in the Wake of a Husband’s Sexual Sin  
www.fredstoeker.com  
www.brendastoeker.com |
| **36. Freedom Begins Here** | • Smartphone app “Get over Porn”  
http://freedombeginshere.org/ |
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| 37. Full Armor Systems | Accountability Pack  
Church Toolkit  
Small Group Pack | www.fullarmorsys.com |
| 38. Gabe Deem | Porn Myths | Porn Myths |
| 39. Gary Wilson | Your Brain in the Cybersex Jungle Radio Show | Your Brain in the Cybersex Jungle Radio Show |
| 40. Gerald G. May | Addiction and Grace | Available at www.amazon.com |
| 41. Global Christian Center | Books  
Videos  
Podcasts | www.globalchristiancenter.com |
| 42. Growth Trac | Radio  
Web articles  
Books | www.growthtrac.com |
| 43. Healing for the Soul | Pure Passion TV Show  
Blazing Grace Radio Show | http://www.healingforthesoul.org/ |
| 44. Heart to Heart Counseling Center | 5 Sex Languages  
Early Recovery  
Servant Marriage  
Emotional Fitness  
Sex Addiction Book Set | http://drdougweiss.com/ |
|   | Radio broadcasts  
Books  
DVD  
Audio | www.hopefortheheart.org |
| 46. Hope Quest | Building for Freedom  
First Steps | www.hopequestgroup.org |
<p>| 47. Integrity Restored | Integrity Restored | <a href="http://integrityrestored.com/porn-addiction/">http://integrityrestored.com/porn-addiction/</a> |
| 48. J. Brian Bransfield | Overcoming Pornography Addiction: A Spiritual Solution | Available at <a href="http://www.amazon.com">www.amazon.com</a> |
| 49. Jay Dennis | Our Hard Core Battle Plan: Joining in the War Against Pornography | <a href="http://www.churchatthemall.com">www.churchatthemall.com</a> |
| 50. Jen Ferguson &amp; Craig Ferguson | Pure Eyes, Clean Heart: A Couple’s Journey to Free from Pornography | Pureeyescleanheart.com |</p>
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<td>Joe S. McIlhaney, M.D.</td>
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<td>Keith Miller</td>
<td>A Hunger for Healing</td>
<td><a href="http://www.keithmiller.com">www.keithmiller.com</a></td>
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<td>Healing Wounds of Sexual Addiction</td>
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<td>Kenny Luck</td>
<td>Sleeping Giant</td>
<td><a href="http://www.everymanministries.com">www.everymanministries.com</a></td>
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<td>Kristen A. Jensen</td>
<td>Good Pictures, Bad Pictures</td>
<td><a href="http://www.protectyoungminds.org">www.protectyoungminds.org</a></td>
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<td><a href="http://www.freedomeveryday.org">www.freedomeveryday.org</a></td>
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<td><a href="http://www.loveismore.eu">www.loveismore.eu</a></td>
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<td><a href="http://www.purepassion.us">www.purepassion.us</a></td>
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<td>Noah Church</td>
<td>Story of Porn Addiction and Recovery</td>
<td><a href="http://moralrevolution.com/">Story of Porn Addiction and Recovery</a></td>
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<td>Operation Integrity</td>
<td>Books</td>
<td><a href="http://www.operationintegrity.org">www.operationintegrity.org</a></td>
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<td>69.</td>
<td>Patrick Carnes</td>
<td>Out of the Shadows:</td>
<td><a href="http://www.sexhelp.com">www.sexhelp.com</a></td>
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|   | Understanding Sexual Addiction  
|   | • Don’t Call it Love:  
|   | Recovery from Sexual Addiction  |
| 70. Philip A. Harrison | • Clean Hands, Pure Heart | www.sexhelp.com |
| 71. Philip Zimbardo | • The Demise of Guys? | The Demise of Guys? |
| 72. Porn Know | • Let’s Talk Workshops | http://www.pornknow.org/ |
| 73. Power of Purity | • Stories (book)  
|   | • The Power of Purity (book) | http://powerofpurity.org/ |
| 74. Probe Ministries | • Radio  
|   | • Books  
|   | • DVD  
|   | • Podcast | www.probe.org |
| 75. Protect Young Minds | • Quick-Start guide for Parents  
|   | • Smart Plan Guide for Parents  
|   | • Share & Speak up guide | http://protectyoungminds.org/ |
| 76. Proven Men | • Videos  
|   | • Books  
|   | • Articles  
|   | • Proven Men: A Proven Path to Sexual Integrity | www.provenmen.org |
| 77. Pure Community | • Books | www.purecommunity.org |
| 78. Pure Desire | • Conquer Series – DVD, downloadable books  
|   | • Pure Desire (book)  
|   | • Seven Pillars of Freedom Kit  
|   | • Top Gun  
|   | • Betrayal and Beyond  
|   | • Peace Beyond the Tears | www.conquerseries.org  
|   | www.puredesire.org |
| 79. Pure Hope | • Magazine  
|   | • Video | www.purehope.net |
| 80. Pure Integrity | • Books  
|   | • Blog  
<p>|   | • Breaking the Silence | <a href="http://www.bernieanderson.org">www.bernieanderson.org</a> |</p>
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| **81. Pure Intimacy** | (book) | • Articles  
|   |   | • Books  
|   |   | [www.pureintimacy.org](http://www.pureintimacy.org) |
| **82. Ralph Earle & Mark Laaser** | • The Pornography Trap  
|   |   | [www.faithfulandtrue.com](http://www.faithfulandtrue.com) |
| **83. Recovery Tribe** | • Daily phone apps  
|   |   | [www.rtribe.org](http://www.rtribe.org) |
| **84. Renee & Clay Crosse** | • Reclaiming Stolen Intimacy – When Your Marriage is Invaded by Porn  
|   |   | [www.faithfulandtrue.com](http://www.faithfulandtrue.com) |
| **85. Restoring the Soul** | • Videos  
|   |   | • Podcasts  
|   |   | • Downloads  
|   |   | [www.restoringthesoul.com](http://www.restoringthesoul.com) |
| **86. Russell Willingham** | • Breaking Free  
|   |   | [www.faithfulandtrue.com](http://www.faithfulandtrue.com) |
| **87. Safe Families** | • Books  
|   |   | • Articles  
|   |   | • Media  
|   |   | [www.safefamilies.org](http://www.safefamilies.org) |
| **88. Samuel M. Shoemaker** | • Courage to Change  
|   |   | Available at [www.amazon.com](http://www.amazon.com) |
| **89. Setting Captives Free** | • Books  
|   |   | [www.focuspublishing.com](http://www.focuspublishing.com) |
| **90. Stephen Arterburn & Fred Stoeker** | • Every Man’s Battle  
|   |   | [www.newlife.com](http://www.newlife.com) |
| **91. Stephen Kuhn** | • 10 Lies Men Believe About Porn  
|   |   | Available at [www.amazon.com](http://www.amazon.com) |
| **92. Steve Gallagher** | • At the Altar of Sexual Idolatry  
|   |   | • A Biblical Guide to Counseling the Sexual Addict  
|   |   | [www.purelifeministries.org](http://www.purelifeministries.org) |
| **93. Steven Maestas** | • Heart of a Lion: 14 Days of Punching Your Porn Addiction in the Face  
|   |   | Available at [www.amazon.com](http://www.amazon.com) |
| **94. Ted Roberts** | • Pure Desire: Helping People Break Free from Sexual Struggles  
|   |   | [www.puredesire.org](http://www.puredesire.org) |
| **95. The Center for Internet & Technology Addiction** | • Virtual Addiction book  
| **96. The Dr. Oz Show** | • Porn-Induced ED  
<p>|   |   | <a href="http://www.amazon.com">Porn Induced ED - Part 1</a> |</p>
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<td>97.</td>
<td>The Porn Effect</td>
<td>• Delivered (book) • Restored (book) • The Hidden Battle CD</td>
<td><a href="http://theporneffect.com/">http://theporneffect.com/</a></td>
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<td>98.</td>
<td>The Pure Man Ministry</td>
<td>• My Purity Coach App</td>
<td><a href="http://www.thepureman.org/">http://www.thepureman.org/</a></td>
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<td>99.</td>
<td>The Reboot Nation</td>
<td>• Porn on the Brain</td>
<td>Porn on the Brain</td>
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<td>100.</td>
<td>Tim Challies</td>
<td>• Sexual Detox: A Guide for Guys Who are Sick of Porn • The Porn-Free Family Plan</td>
<td><a href="http://www.challies.com">www.challies.com</a></td>
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<td>101.</td>
<td>Tim Chester</td>
<td>• Closing the Window: Steps to Living Porn-Free</td>
<td>Available at <a href="http://www.amazon.com">www.amazon.com</a></td>
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<td>102.</td>
<td>UK Documentary</td>
<td>• Porn on the Brain</td>
<td>Porn on the Brain</td>
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<td>103.</td>
<td>Ultimate Escape</td>
<td>• Questions that need answers • Hooked</td>
<td><a href="http://www.ultimateescape.org/">http://www.ultimateescape.org/</a></td>
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<td>104.</td>
<td>Vicki Tiede</td>
<td>• When Your Husband is Addicted to Porn: Healing After Betrayal • Parenting on Your Knees</td>
<td><a href="http://www.vickitiede.com/">http://www.vickitiede.com/</a></td>
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<td>105.</td>
<td>We Stand Guard</td>
<td>• Say No and Tell Children’s Personal Safety • Say No and Tell Parents Guide</td>
<td><a href="http://www.westandguard.com">www.westandguard.com</a></td>
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<td>106.</td>
<td>WhatsUpGold</td>
<td>• Network monitoring</td>
<td><a href="http://www.whatsupgold.com">www.whatsupgold.com</a></td>
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<td>107.</td>
<td>X3Watch</td>
<td>• Online Accountability</td>
<td><a href="http://www.x3watch.com/">www.x3watch.com/</a></td>
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<td>108.</td>
<td>XXX Church</td>
<td>• 30-Day Porn-Free Challenge</td>
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<td>YouTube Video</td>
<td>• Your Brain on Porn: How Internet Affects the Brain</td>
<td>Your Brain on Porn: How Internet Porn Affects the Brain</td>
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<td>• Adolescent Brain Meets High Speed Internet Porn</td>
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<td>YouTube Video</td>
<td>• The Science of</td>
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## INTERNET FILTERS

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<th>Internet Filter Organization</th>
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<td>1. BSecure</td>
<td><a href="http://www.internetsafetyproject.org">www.internetsafetyproject.org</a></td>
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<td>2. Clean Internet Filter</td>
<td><a href="http://www.cleaninter.net">www.cleaninter.net</a></td>
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<td>3. Clear Play</td>
<td><a href="http://www.clearplay.com">www.clearplay.com</a></td>
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<td>5. Family Cyber Alert</td>
<td><a href="http://www.itcompany.com">www.itcompany.com</a></td>
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<td>6. InterGuard Web Filtering</td>
<td><a href="http://www.interguardsoftware.com">www.interguardsoftware.com</a></td>
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<td>9. Open DNS</td>
<td><a href="http://www.opendns.com">www.opendns.com</a></td>
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<td><strong>11. Pure Desire</strong></td>
<td><a href="http://www.puredesire.org">www.puredesire.org</a></td>
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<td>12. Pure Sight</td>
<td><a href="http://www.puresight.com">www.puresight.com</a></td>
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<td>13. Safe Eyes</td>
<td><a href="http://www.internetsafety.com">www.internetsafety.com</a></td>
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<td>15. Safe Tracker</td>
<td><a href="http://www.safetracker.net">www.safetracker.net</a></td>
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<td>16. TechRepublic</td>
<td><a href="http://www.techrepublic.com">www.techrepublic.com</a></td>
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<td>17. TuEagles Parental Controls</td>
<td><a href="http://www.tueagles.com">www.tueagles.com</a></td>
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<td>18. TVO Blockit (True Vine Online)</td>
<td>safe.truevine.net</td>
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<td>20. X3 Watch</td>
<td><a href="http://www.x3watch.com">www.x3watch.com</a></td>
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<td>Recommended Organization</td>
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<td>1. All About Love</td>
<td><a href="http://www.allaboutlove.com">www.allaboutlove.com</a></td>
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<td>2. American Family Association</td>
<td><a href="http://www.afa.net">www.afa.net</a></td>
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<td>3. Antipornography</td>
<td><a href="http://www.antipornography.org">www.antipornography.org</a></td>
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<td>4. Be Free in Christ</td>
<td><a href="http://www.befreeinchrist.com">www.befreeinchrist.com</a></td>
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<td>5. Boundless</td>
<td><a href="http://www.boundless.org">www.boundless.org</a></td>
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<td>7. Breakpoint</td>
<td><a href="http://www.breakpoint.org">www.breakpoint.org</a></td>
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<td>8. Care for Pastors</td>
<td><a href="http://www.careforpastors.org">www.careforpastors.org</a></td>
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<td>10. ClearPlay</td>
<td><a href="http://www.clearplay.com">www.clearplay.com</a></td>
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<td>12. Covenant Eyes</td>
<td><a href="http://www.covenanteyes.com">www.covenanteyes.com</a></td>
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<td>15. Epic Parent TV</td>
<td><a href="http://www.epicparent.tv">www.epicparent.tv</a></td>
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<td>16. Every Man’s Battle</td>
<td><a href="http://www.everymansbattle.com">www.everymansbattle.com</a></td>
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<td>17. Family Life</td>
<td><a href="http://www.familylife.com">www.familylife.com</a></td>
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<td>18. Faithful and True (Mark and Debbie Laasar)</td>
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<td>19. Fight the New Drug</td>
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<td>21. Girls Against Porn and Human Trafficking</td>
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<td><a href="http://www.harvestusa.org">www.harvestusa.org</a></td>
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<td>24. Home Run The Movie</td>
<td><a href="http://www.homerunthemovie.com">www.homerunthemovie.com</a></td>
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<td>The International Institute of Trauma and Addiction Professionals (IIATP)</td>
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<td>The National Network of Youth Ministries</td>
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<td>63.</td>
<td>War on Illegal pornography</td>
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<td>We Stand Guard</td>
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<td>65.</td>
<td>Women for Decency</td>
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<td>Counselor/Center</td>
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<td>1. A&amp;M Christian Counseling</td>
<td><a href="http://www.amchristiancounseling.com">www.amchristiancounseling.com</a></td>
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<td>2. Addictions</td>
<td><a href="http://www.addiction.com">www.addiction.com</a></td>
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<td>3. <strong>American Association of Christian Counselors</strong></td>
<td><a href="http://www.aacc.net">www.aacc.net</a></td>
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<td>5. Be Broken Ministries</td>
<td><a href="http://2.bebroken.com/">http://2.bebroken.com/</a></td>
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<td>7. Biblical Counseling Center</td>
<td><a href="http://www.biblicalcounselingcenter.org">www.biblicalcounselingcenter.org</a></td>
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<td>8. Biblical Counseling Institute</td>
<td><a href="http://www.bc">www.bc</a> institute.com</td>
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<td>10. <strong>Cairn Counseling</strong></td>
<td><a href="http://www.cairncounseling.net">www.cairncounseling.net</a></td>
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<td>11. Capstone Treatment Center</td>
<td><a href="http://www.capstonetreatmentcenter.com">www.capstonetreatmentcenter.com</a></td>
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<td>13. Christian Counseling &amp; Training Center, Inc.</td>
<td><a href="http://www.cctcinc.org">www.cctcinc.org</a></td>
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<td>15. Christian Counseling and Training Center</td>
<td><a href="http://www.cctcinc.org/">http://www.cctcinc.org/</a></td>
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<td>17. Christian Counseling Center of First Presbyterian Church Inc.</td>
<td><a href="http://www.christiancounseling.ws">www.christiancounseling.ws</a></td>
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<td>22. Dirty Girls Ministry</td>
<td><a href="http://www.dirtygirlsministry.com">www.dirtygirlsministry.com</a></td>
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<td>23. Dr. Adam M. Moore</td>
<td><a href="http://www.adammmoore.com">www.adammmoore.com</a></td>
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<td>24. Dr. Henry Cloud</td>
<td><a href="http://www.drcloud.com">www.drcloud.com</a></td>
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<td>25. Eagles Wings Counseling Center</td>
<td><a href="http://www.eagleswingscounseling.com">www.eagleswingscounseling.com</a></td>
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<td>26. Faithful and True (Mark Laasar)</td>
<td><a href="http://www.faithfulandtrue.com">www.faithfulandtrue.com</a></td>
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<td>27. Family Strategies Counseling Center</td>
<td><a href="http://familystrategies.org/">http://familystrategies.org/</a></td>
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<td>28. First Baptist Church at the Mall</td>
<td><a href="http://churchatthemall.com/supportgroups/">http://churchatthemall.com/supportgroups/</a></td>
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|   | **Focus on the Family** | www.focusonthefamily.com  
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<th><a href="http://www.fotf.com">www.fotf.com</a></th>
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<td><a href="http://www.joedallas.com">www.joedallas.com</a></td>
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<td>31.</td>
<td>Healing for the Soul</td>
<td><a href="http://www.healingforthesoul.org">www.healingforthesoul.org</a></td>
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<td>32.</td>
<td>Healing Sexual Hurt</td>
<td><a href="http://www.healingsexualhurt.com/">http://www.healingsexualhurt.com/</a></td>
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<td>Heart to Heart Counseling Center</td>
<td><a href="http://drdougweiss.com/">http://drdougweiss.com/</a></td>
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<td>Hope and Freedom Counseling Services</td>
<td><a href="http://www.hopeandfreedom.com">www.hopeandfreedom.com</a></td>
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<td>35.</td>
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<td><a href="http://www.hopeforthetheart.org">www.hopeforthetheart.org</a></td>
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<td>36.</td>
<td>Hope Quest</td>
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<td>37.</td>
<td>IITAP (International Institute for Trauma and Addiction Professionals)</td>
<td><a href="http://www.sexhelp.com">www.sexhelp.com</a></td>
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<td>38.</td>
<td>Insights Therapy</td>
<td><a href="http://www.insightstherapy.com">www.insightstherapy.com</a></td>
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<td>39.</td>
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<td><a href="http://www.lifechristiancounseling.com">www.lifechristiancounseling.com</a></td>
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<td>Life Works Recovery</td>
<td><a href="http://www.lifeworksrecovery.com">www.lifeworksrecovery.com</a></td>
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<td>44.</td>
<td>Merry Heart Guidance Center</td>
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<td>45.</td>
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<td>47.</td>
<td>Overcome Sex Addiction</td>
<td><a href="http://www.sexualcontrol.com">www.sexualcontrol.com</a></td>
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<td><a href="http://www.pastoralexperience.com">www.pastoralexperience.com</a></td>
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<td>Provident Living</td>
<td><a href="http://www.providentliving.lds.org">www.providentliving.lds.org</a></td>
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<td>52.</td>
<td><strong>Pure Desire</strong></td>
<td><strong><a href="http://www.puredesire.org">www.puredesire.org</a></strong></td>
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<td>54.</td>
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<td>Restoring the Soul</td>
<td><a href="http://www.restoringthesoul.com">www.restoringthesoul.com</a></td>
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<td>Route 1520</td>
<td><a href="http://www.route1520.com/">http://www.route1520.com/</a></td>
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<td><a href="http://www.SANEResources.org">www.SANEResources.org</a></td>
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<td>Sexual Control</td>
<td><a href="http://www.sexualcontrol.com">www.sexualcontrol.com</a></td>
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<td>Soul Detox Lifestyle</td>
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<td>62.</td>
<td>Stone Gate Resources</td>
<td><a href="http://www.stonegateresources.com">www.stonegateresources.com</a></td>
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<td>63.</td>
<td>The Center – A Place of Hope</td>
<td><a href="http://www.aplaceofhope.com">www.aplaceofhope.com</a></td>
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<td>64.</td>
<td>The Center for Internet &amp; Technology Addiction</td>
<td><a href="http://www.virtual-addiction.com">www.virtual-addiction.com</a></td>
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<td>65.</td>
<td>The Center, a Place of Hope</td>
<td><a href="https://www.aplaceofhope.com">https://www.aplaceofhope.com</a></td>
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<td>66.</td>
<td>The Christian Treatment Center: Road to Freedom</td>
<td><a href="http://www.thechristian">www.thechristian</a> treatment center.com</td>
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For further research and documentation go to www.josh.org/epidemic. You will find beneath the synopsis the 16-chapter Porn Epidemic Portfolio containing a combined 1,744 pages of the last available are executive summaries, synopsis and portfolios of the Gen Z and the Father Factor.

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<th>Number</th>
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<td>The Pure Man Ministry</td>
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<td>Total Life Counseling</td>
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<td>Ultimate Escape (Parents)</td>
<td><a href="http://www.ultimateescape.org/">http://www.ultimateescape.org/</a></td>
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<td>Vantage Point Counseling Services</td>
<td><a href="http://www.vantagepointdallascounselling.com">www.vantagepointdallascounselling.com</a></td>
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<td>71</td>
<td>Wholeness to Freedom Counseling Center</td>
<td><a href="http://www.wholenesstofreedom.org">www.wholenesstofreedom.org</a></td>
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Ben Bennett

Ben grew up in Virginia Beach, Virginia and met Christ at an early age. After being heavily involved in Cru throughout college, and developing a great desire to see college students transformed by the gospel, he joined their staff in 2011.

For over 10 years of his life, Ben battled a porn addiction and other forms of habitual sexual sin before coming to lasting freedom through a Biblical and clinical approach to sexual addiction recovery.

Ben currently resides in Dallas, Texas and serves with Josh McDowell Ministry as an author, speaker, and evangelist supporting the health and restoration of men and women struggling with woundedness, habitual sin, and sexual brokenness.

For more than fifty years, Josh McDowell has been at the forefront of cultural trends and ground-breaking ministry. Ben will serve alongside Josh, writing, speaking and shining the light of Christ into the darkest places, and helping believers be prepared to share with confidence, knowing the reason why Christianity is reliable, relational and relevant to our lives.

Ben is available to speak on:

iGen for Jesus | Overcoming Sin & Setbacks | You, Me, We | Wholeness In A Sex Saturated World | Relevant, Reliable, Relational: The Bible?
WHO’S TALKING ABOUT BEN?

“Ben speaks from personal experience of the freedom Christ offers each and every troubled heart. It is such a delight for me to hear Ben speak for his generation in such a relevant, reliable, and relational way.”

-Dr. Ted Roberts // Pastor, Counselor, and Founder of Pure Desire Ministries

“While many young people today struggle with hurt, mental health issues, and addictions, few have a story of freedom to share like Ben’s that renews hope, gives a roadmap to healing, and inspires next steps. I’ve personally benefited greatly from what Ben has to share and I think many people in all walks of life will too.”

-Karl Armentrout // Cru National Conference and Events Director

“My hidden sin had me imprisoned in silence, guilt, and secrets for years. When I attended Ben’s session, he shared his journey of liberty from sin, and I felt the Holy Spirit moving and convicting me. Through Ben’s personal encouragement and passion for sharing the love of God, I shared my darkest sin with others and began the journey of healing and freedom through Jesus and His wonderful people. Thank you Ben.”

-Marylyn // Texas College Student

Ben is the author of:

Living Free
FLESH SERIES: Sex, Lust, Porn and The Christian

Josh, Ben, and Jake are launching a movement focused on speaking, equipping, and connecting individuals to solutions to overcoming unwanted struggles.

Through interactive speaking, digital content, and practical next step resources, God is raising up a generation of young people who are passionate about following Jesus wholeheartedly and working through the setbacks and sin that hinder them.

For more information or to book Ben please contact:
Ben.Bennett@josh.org
www.josh.org/Ben

For more information and to book Ben please contact:
972-907-1000 ext 135
2001 W. Plano Pkwy, Ste 2400
Plano, TX 75075

Josh McDowell Ministry 2018
Jake Kissack

JAKE KISSACK
SPEAKER

Jake was raised where the buffalo still do roam. His family owns a 3000-acre cattle ranch in Wyoming. His adventurous heart was pursued and captivated by Jesus as far back as memory serves. His passion to see Jesus bring life to all was bolstered in his master’s degree thesis work on how pornography negatively affects the church.

His 13 year journey with a porn addiction crushed his passion and compelled him to seek true freedom, which was found through Christian sexual addiction recovery.

Jake resides in Dallas, Texas and serves with the Josh McDowell ministry as a developing author, speaker, storyteller and evangelist, supporting the health and restoration of men and women struggling with porn and sexual brokenness.

For more than fifty years, Josh McDowell has been at the forefront of cultural trends and groundbreaking ministry. Jake will serve alongside Josh, writing, speaking and shining the light of Christ into the darkest places, and helping believers be prepared to share with confidence, knowing the reason why Christianity is reliable, relational and relevant to our lives.

Jake is available to speak on:
When God Talks | Empowered to Live Life Fully Alive | Connections that Count
Wholeness in A Sex Saturated World | Unshakable Truth // Live for Love
WHO’S TALKING ABOUT JAKE?

Jake is wholesome, invigorating and smart. His ability to speak is only surpassed by his contagious love for Christ and the Scripture. He wins the hearts and minds of students through stories.

-Josh D. McDowell // Author/Speaker

Jake communicates with compassion for the wounded and broken and has an authentic desire to see people healed and set free. God’s work through his message has been a beacon of hope that has empowered struggling students to find freedom and live wholehearted.

-Sherry Broesamle // Field Director of People & Culture, CRU

Jake’s heart and passion is to participate in and see God heal wounds and restore people.

-Austin Adams // Family Pastor, Crossroads Community Church

Jake passionately plants seeds of gospel hope and invites people to live wholeheartedly for the glory of God. His message is culturally relevant, Gospel focused, and needed wherever young people are gathering!

-Kurt Sauder // Author, Speaker, Radio Host, Further Still Ministries

Josh, Ben, and Jake are launching a movement focused on speaking, equipping, and connecting individuals to solutions to overcoming unwanted struggles.

Through interactive speaking, digital content, and practical next step resources, God is raising up a generation of young people who are passionate about following Jesus wholeheartedly and working through the setbacks and sin that hinder them.

For more information and to book Jake please contact:

Jacob.Kissak@cru.org
www.josh.org/Jake

307-299-3208
2001 W Plano Pkwy, Ste 2400
Plano, TX 75075
Alex McLellan serves with Josh McDowell Ministry, a Cru ministry (formerly Campus Crusade for Christ). An effective communicator with international experience, Alex is passionate about engaging others with the gospel, and he has joined our team to share the truth of Christ – until the whole world hears.

For more than fifty years, Josh McDowell has been at the forefront of cultural trends and groundbreaking ministry. Alex will serve alongside Josh, writing, speaking and shining the light of Christ into the darkest places, and helping believers be prepared to share with confidence, knowing the reason why Christianity is reliable, relational and relevant to our lives.

Alex is available to speak on:

You Can Handle the Truth! | How To Find The Meaning Of Life Reasons To Believe In The Resurrection | Will The Real Jesus Please Stand Up | How Do You Make Sense of Suffering? | Can We Trust The Bible? | Be Prepared to Share (1 Peter 3) | Be Prepared to Shine (Matthew 5) and more...
WHO’S TALKING ABOUT ALEX?

“Alex is a winsome and effective communicator who understands how skeptics view the gospel and the questions they raise...I enthusiastically recommend his work.”

—Ravi Zacharias, Ravi Zacharias International Ministry

“Alex’s ministry has been immensely beneficial to the church in helping to train, equip and prepare God’s people for the task of bringing the gospel to the world and the world to Christ.”

—Wayne Sutton, Senior Pastor, Carrubbers Christian Centre, Edinburgh, Scotland.

“Alex is gifted in providing a strong intellectual and culturally relevant expression of the Christian faith and this has been a powerful way for our students to build their own foundation in Christ and His Word.”

—Peter Thomas, National Director, Capernwray Bible School, Australia

Alex is the author of:

Alex and Sheryl have been married for over twenty years and have three children: Sophia, Moriah and Asher. The family lived in Scotland, UK, before relocating to the USA, and they currently reside in San Diego, California.

For more information and to book Alex please contact:

Alex@josh.org

www.josh.org/Alex

469-440-9152

2001 W Plano Pkwy, Ste 2400 Plano, TX 75075
Josh McDowell

JOSH McDOWELL
SPEAKER | AUTHOR

Josh McDowell has been at the forefront of cultural trends and groundbreaking ministry for more than 54 years. He shares the essentials of the Christian faith in everyday language so that people of all ages and stages can know Christ, understand what they believe and why it is true, and learn how to live, share and defend their faith.

Well known as an articulate speaker, Josh has spoken to approximately 35 million people, in 140 countries. Josh has written or co-authored more than 150 books in over 100 languages including More Thank a Carpenter with over 27 million copies distributed and Evidence That Demands a Verdict, named one of the twentieth century’s top 40 books and one of the thirteen most influential books of the last 50 years on Christian thought by World Magazine. Evidence That Demands a Verdict also just won the 2018 Evangelical Christian Publishers Association award in the Bible Reference Book category.

Josh is available to speak on:

Relationships | Parenting | Reliability of Scripture | My Journey
Self Image | Sexual Integrity | Truth in Today’s Culture
WHO’S TALKING ABOUT JOSH?

“This has helped me more than any other kind of seminar on speaking”
- Cru Staff Member, Young Communicators Seminar

“His message spoke to all of us but certainly impacted the hearts and minds of the teens the most.”
- Alpha Women’s Center of Grand Rapids Staff Member

“Youth leaders and teachers spoke to us for weeks after the dinner telling us his message opened paths to discussion of needs with their groups.”
- Ministry Leader and Event Host

“Josh’s message was a deep examination of God’s truth made relevant for your contemporary, apathetic youth culture.”
- Tim Rickman, High School Principal, Wesleyan Education Center

Josh McDowell is an award-winning author and international speaker. He has written or co-written more than 150 books—some in over 100 languages—and has spoken to approximately 35 million people in 140 countries.

Josh and his wife Dottie have been married 46 years. They have four children and ten grandchildren.

For more information and to book Alex please contact:

Email: Josh@josh.org
Website: www.josh.org/event/request-josh
Phone: 972-907-1000 ext. 115
Address: 2001 W Plano Pkwy, Ste 2400
Plano, TX 75075
Discover the Evidence

Is the Bible reliable? It's normal to have doubts. This historical, hands-on experience with THE LODZ SCROLL will convince you of the truth!

THE LODZ SCROLL
The Lodz Scroll is a rare, handmade, ancient Torah scroll that has been meticulously preserved for over 500 years. You will be allowed to get an up-close look at this 72-foot long scroll, and be invited to touch it AND photograph it!

DISCOVER THE EVIDENCE TOGETHER
Take this tactical adventure through history, archaeology and antiquity, and watch your doubts fade as the rock-solid facts unfold. Bring your family and friends and discover the evidence together!

COME AND SEE!
For more information and to book Josh please contact:
John at 417-334-8056
johncnettleton@gmail.com